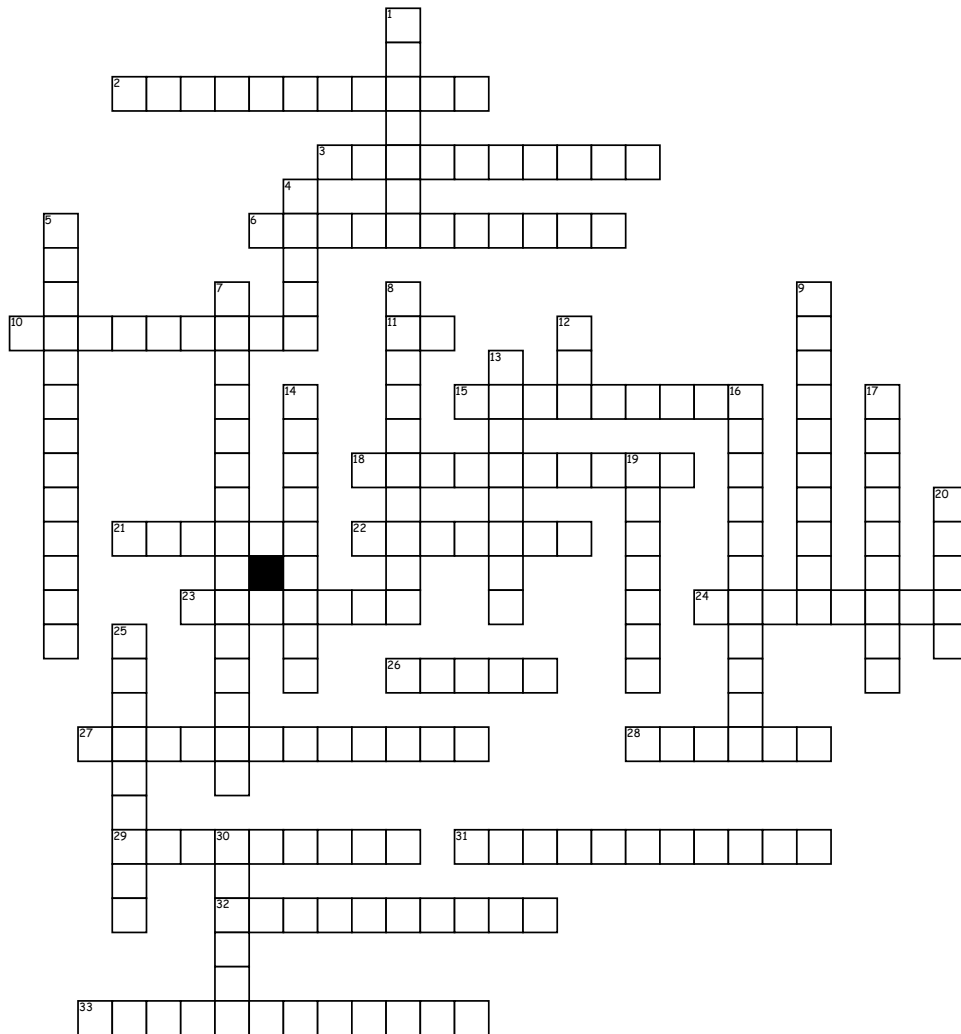


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# therapy words



**Across**

- 2. looking at what isn't said.
- 3. These three are core
- 6. active listening
- 10. Are they open or closed?
- 11. The innate, unconscious desires according to Freud
- 15. We look for this in assessments
- 18. Really ought not to be crossed
- 21. there is often a pre-contemplative element to this process
- 22. Skill used to bring a session to a close
- 23. Can be offered as an unspoken response
- 24. can help to link past and present
- 26. The grandfather of therapy

- 27. the counsellor and client have one
- 28. consider who's this is when asking questions
- 29. you and me, here and now.
- 31. a way of being
- 32. The person centred approach
- 33. Congruence

**Down**

- 1. We see them in counselling sessions
- 4. work towards achieving them
- 5. Where we are all heading according to Maslow's model
- 7. Keep it to yourself
- 8. Talking about yourself
- 9. Empathic response

- 12. A compulsive behavioural issue
- 13. Helps progress if it's constructive
- 14. Counsellors need a good amount of this about themselves
- 16. Where can we take it all for guidance?
- 17. being non judgemental
- 19. We need lots of this to understand a clients frame of reference
- 20. We may need to if it's beyond the limits of our ability
- 25. The difference between you and me
- 30. The BACP has a framework of them

**Word Bank**

readiness	silence	awareness	relationship	clients	accepting	Questions
disclosure	actualisation	supervision	Ethics	confidentiality	paraphrase	Humanistic
refer	diversity	observation	transparency	Boundaries	OCD	Conditions
lifeline	immediacy	personality	feedback	summary	empathy	Freud
change	counselling	goals	agenda	ID		