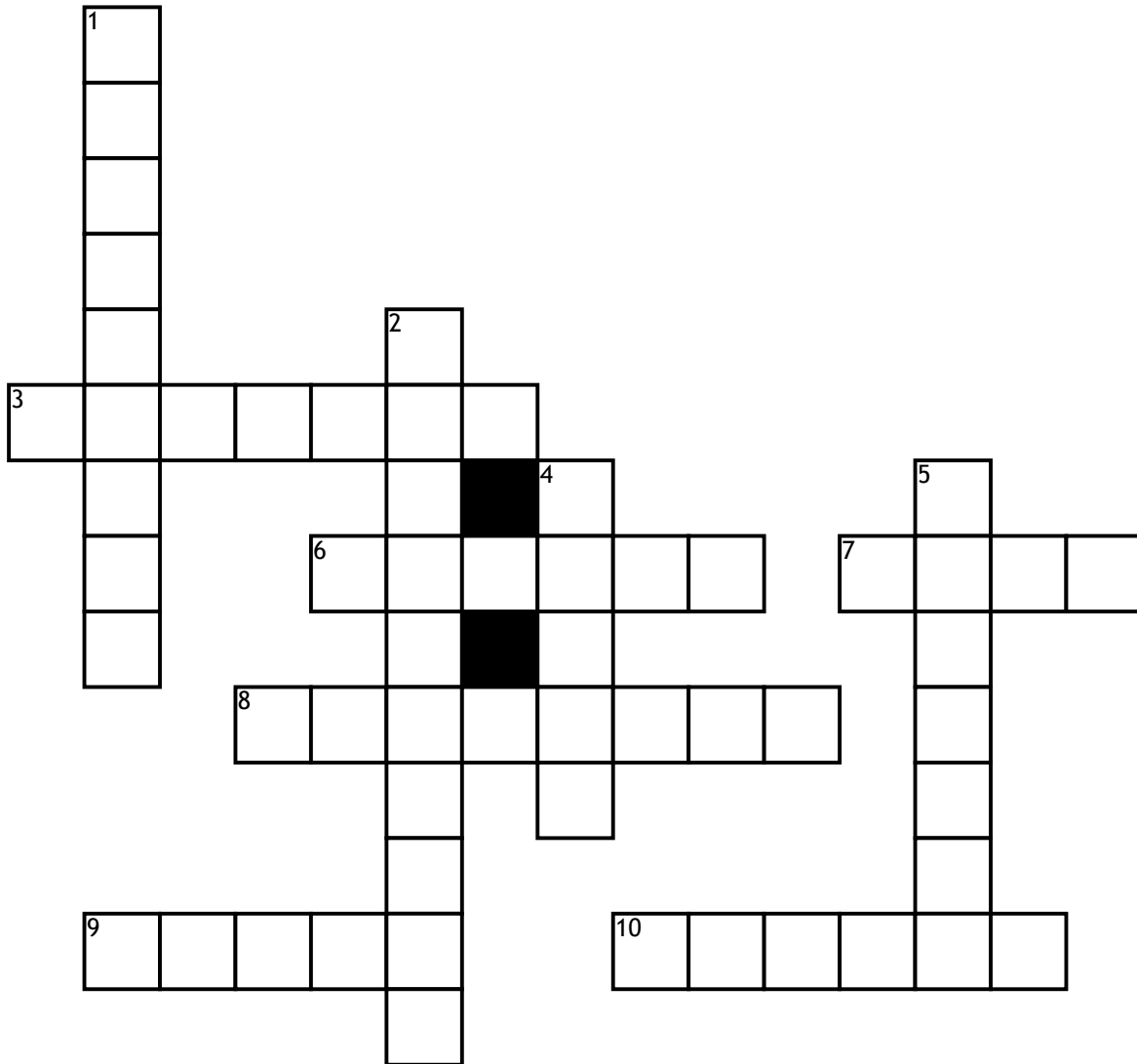


stress management



Across

3. RECURRING DISORDER

6. PRESSURE PER UNIT
AREA

7. STRETCHING & BENDING
INDIA

8. NEED A PAIN BALM?

9. FACIAL CURVE THAT
STRAIGHTENS EVERYTHING!

10. PILLAR OF SUPPORT

Down

1. INHALE/EXHALE

2. LOSS OF TRACTION?

4. TAKE IT EASY, BUDDY!

5. NEED ADVICE?