

Name: _____

Date: _____

spinning

E M X T C U B S F A W M S C O B X
C C A E G O S T A T I O N A R Y K
N I T J C V O P S B R C Q U R Q O
A U L O B A V R I P B D D T V F P
R Y T W Y H P C D J I L H D T U O
U M O H E P Y Q K I D N L R B Z W
D O A A U C E I T R N D N G I M E
N Z L N L P W L C V O A E I U B R
E T J E W N A P O M D O T E N A Z
H W F M V L H I E T S O D I P G D
O A R T Z Q C E J W O O L N O S S
E Z G R F K D R M K J N P K I N Y
L M N I B H C I B O R E A N A V T
C S R A L U C S A V O I D R A C P
Y N P H Z I V J P E A M Q H E D G
C T G D S K T E C N A L A B E U W
H D N F V L K Y T E S I C R E X E

cardiovascular
endurance
agility
health
pace

coordination
exercise
balance
power

stationary
spinning
bicycle
speed

anaerobic
peloton
indoor
cycle