

Name: _____

Date: _____

sleep

B Z A N L C R L X U A A E O N P A P E E L S D V
U U G M H Q A T S R O R R E T F Z B O T Z E T Z
V A B R M D H S E V K M A P R M I M N M S D Z R
J D B E O N A B Y E G L L U S V E H V X Y G L C
N U X P W B P P I P N T M C B R H L W K D N M B
A P C Y W Z Y K A Q U A Y D H G B G I D D I Q C
S Y M P T O M S E Q H L G K G U I A Y M Q K W V
I M Q A Z K L I W T J Q E E D U R N W Q W L D G
G N I K L A T P E E L S K V R U P V B L Y A C X
Z F V L N P I K P V O O Q R X S I K V V B W L S
S N Z I J X R U O I V A H E B M E R N O N P U A
F W S W N N X K R K G L Z M A K U D F W Y E F B
Z Y K O C P P M Z U B E Y Z O X W I J Z N E L K
F L R S T A G E S Q H L A E S G P L P P I L F R
X V V W T Z H K T L H C A J H Y H K B U N S A V
R P A H B Q J Z B I C Y F P T K E D L G S K I V
S F J G E G Z K H M S C N Q Q J N I U Q J L T N
B N A W D H R W O V J P S U L W T O Z K C J V H
I R R L P O Z I E N R E A M C R A H Z B T P E M
M C J I E G H P J W N E Y W K M K D I K V V S O
E W I Q E D N I G S I L V J O P J L X W C R Q W
R U L E L H H U I L M S S X S L H T A X T Z P X
R X S W S R E B O H C U K N E E F U N L F X W J
M B D J E M R X K G D V F S X P E V N X U S H J

sleep talking

sleep walking

sleep apnoea

sleep cycle

sleep debt

teenagers

behaviour

symptoms

non rem

terrors

stages

REM