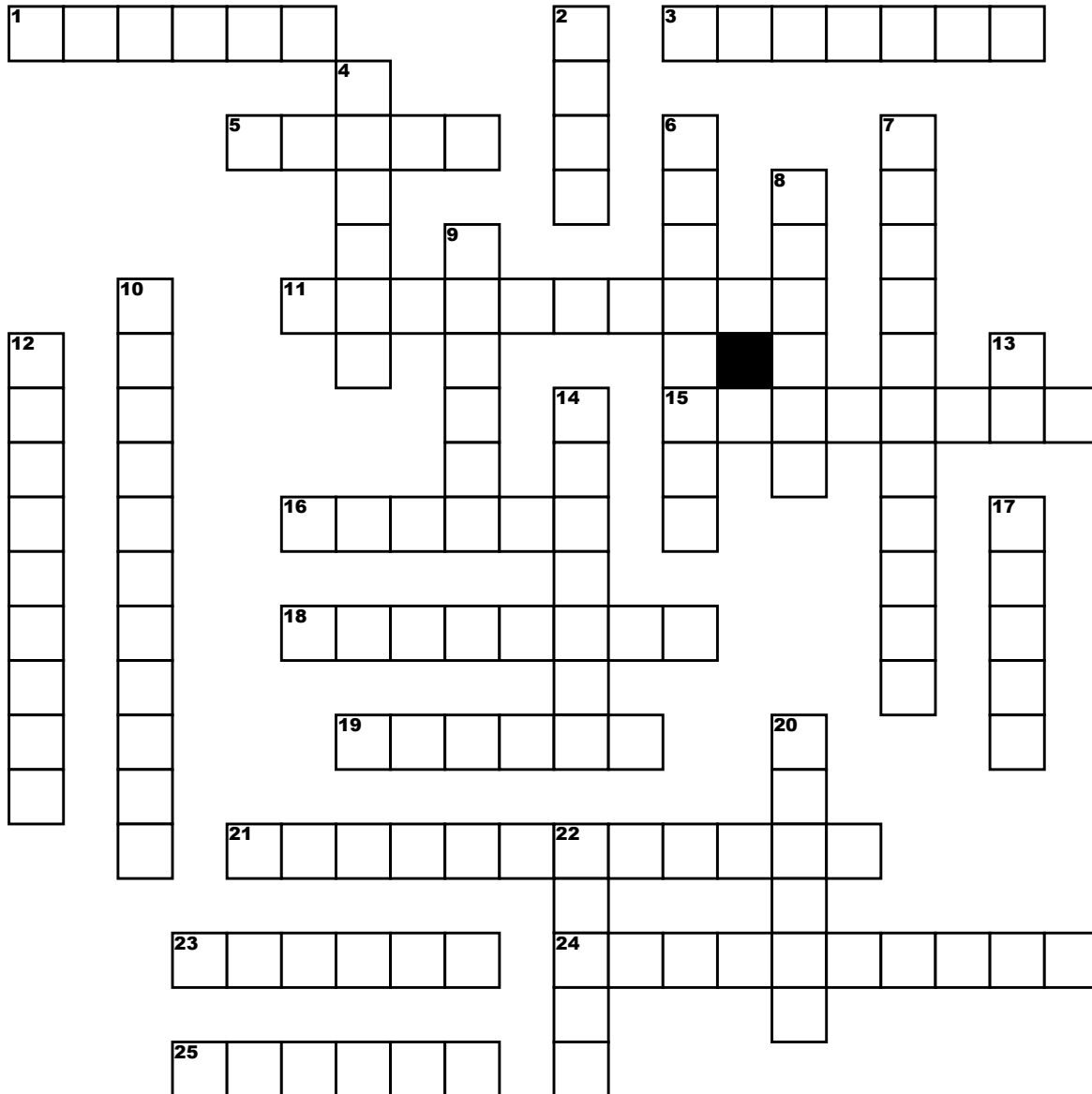


sharpen the saw



Across

1. obsessed preoccupy or fill the mind of (someone) continually, intrusively, and to a troubling

3. Relax make or become less tense or

5. journal A daily record of news and events of a personal nature; a

11. Meditating a period of time, in silence or with the aid of chanting, for religious or spiritual purposes or as a method of

15. Soul A person's moral or emotional nature or sense of

16. Body The physical structure, including the bones, flesh, and organs, of a

18. Barriers A circumstance or obstacle that keeps people or things apart or prevents communication or

19. Read Have the ability to look at and comprehend the meaning of written or printed

21. depression a severe feeling of sadness and constant feeling of

23. nutrition the process of providing or obtaining the food necessary for health and

24. Education the process of receiving or giving systematic instruction, especially at a school or

25. Balance an even distribution of weight enabling someone or something to remain upright and

Down

2. Laughter Reaction done with hearing a funny

4. Desire A strong feeling of wanting to have something or wishing for something to

6. Addiction The fact or condition of being addicted to a particular substance or

7. Communication skills The ability to convey or share ideas and feelings

8. tobacco can cause lung

9. eating disorders any of a range of psychological disorders characterized by abnormal or disturbed eating

10. kindness The quality of being friendly, generous, and

12. nourish Provide with the food or other substances necessary for growth, health, and good

13. pressure Continuous physical force exerted on or against an object by something in contact with

14. Honest Free of deceit; truthful and

17. Extracurricular of an activity at a school or college pursued in addition to the normal course of

20. Heart A hollow muscular organ that pumps the blood through the circulatory

22. Brain what is protected by your