

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# self-esteem & body image

G B V C M Y J G P B D Z M K Y O G W W D P D F V  
U O W R B U H L Y N N X I A N C Z F M S D Y V O  
W B S F C W T U I M J Y E O E G X Q N H R L A E  
H R J V M I N K W N Q A H I E V N R I D H D X G  
S T R O N G A J E N N E G L U L Z Z U S E Z E L  
I V J M Y F V M Q B Y O I L Q P D E R G M T A M  
W M T V O U A N B N W S U F I L R N R W N I X C  
Q Q D E L H F A K I L N H H F Q U M G N C T R T  
X C N F L T P U M U X S D D I F F E R E N T V F  
X O U M P X P E F R P Q F A R Z X S P V E A W K  
D Z T F H O U I R S E X Y P E I Z S Q U N Q H O  
E V W R S P T K E F P Q A O W A Y G L D G V D V  
M V Y D O U A P O U E O O C O N Y N S B C T W T  
A I X U A H A S C D H C J K P C L L A T N T R K  
H P I E K Q S Q U B H G T J L L U R Z A B D E W  
S U B P E T D W C S Q P A P R T Z C T X L A O F  
A J N R E C X Y K D V X F S I M P R Z U S H E S  
T E G I L O V E M Y B O D Y G I O O F Z B I M X  
O W T C Q C O I U A V B O T C P E S W P Q A Q G  
N A C Q J U Y B J Z H U W X M K C I H T R Q T Q  
V E D D B V E L J K W D T I U U G M Z T K T E O  
A M N P Q G N I V O L Q W A C Y A S F T H Z T P  
S I B L J W Z W T M X Z D R I I C U R V E Y F V  
K M J H M F R X J S R V T J H L G Q F S L I M W

i love my body  
important  
special  
loving  
smart  
kind

one of a kind  
different  
strong  
QUEEN  
sexy

not ashamed  
beautiful  
unique  
thick  
slim

girl power  
perfect  
curvey  
short  
tall