

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# self care word search

E X C A V N A P B G Z B O B W E Q  
P P R E A D I N G X U M A E J G L  
E R T T A R P O Q B R Y R L F R S  
D E M B O D Y S C R U B O E I E T  
I L F J F X M K V R I D M C H E R  
C A A Q A B U B B L E B A T H N E  
U X C G C I M T L K Q Y T R N T T  
R A E W I N E B S U Z I H O Y E C  
E T M D A W D R J X J I E L M A H  
L I A E L U I O M S S T R Y A Y I  
S O S S Q Y T W D L P A A S S K N  
E N Q S Y N A W F E A Y P I S V G  
F G U E U V T A X E D O Y S A U U  
I A E R M F I X P P A G X C G H V  
L O Q T C E O X I I Y A S X E L U  
K L B P J T N Q Y N C Q A A A Y W  
P F X T H E R E T R E A T O W M I

aromatherapy  
bubblebath  
bodyscrub  
browwax  
spaday  
nap

electrolysis  
relaxation  
pedicure  
sleepin  
facial

stretching  
meditation  
greentea  
reading  
yoga

theretreat  
facemasque  
dessert  
massage  
wine