

Name: _____

self Defense

J S W K Y R F S E S N S S A L C B
O L J C N O K M V R Y G N I T C A
K Q Q I B L C E M V U L M Z M Q O
K N K K L S Y D J L H L W R W L X
O B G B O L A A U E I S U P O R T
Y T R J C E A R L R Q T C Z E A D
D Q D W K A M P U S C U A U U M E
E Q U Y I R A R L O Q W K F V T F
V F Z W N N B Y N B A P H M C K E
H L A W G R Z F A R I H W U C Z N
Y F Q S W Y I H E P D E P B J H S
Z E C N E D I F N O C F L E S A E
E Z C H E F Z I I T L U U H O P E
T J D N C L O F E N E H X S L H P
W L C Z T N D D C G K M O V E S W
C H K E U L U M O D E E R F M S R
Y M J U H R D P V D Z Q L I U I G

self confidence	classnses	confidenc	blocking
freedom	defense	acting	suport
learn	aware	punch	moves
help	hope	kick	safe