

# positive mental health

B L M W N M X B P Z A T K U W K B  
Y U R E S P E C T P W D L T N U I  
U R Q Z F R E E D O M A P Q A F A  
W G B A H G R M O T I V A T E D N  
C E M O T I O N A L H E A L T H F  
O C A R I N G S Q Y J Z M O C H S  
N L I O S C P E A C E I H P O G K  
F F V R O D C B N C V B A T N E X  
I F P V S E X E D F N X S I F V Q  
D T F K A T T I T U D E T M I Z U  
E V C N V E H E L P F U L I D A F  
N L A U G R G B H J X U H S E W M  
C O Q R D M O W Y P T A L T N V C  
E P V T R I E A G E R H Q I T J F  
E I P U H N L G C L B N X C H D T  
P P Y R P E T R A G B Q P Y T P A  
N T F E Q D G W W F R I E N D S D

emotional health  
optimistic  
attitude  
helpful  
caring

confidence  
confident  
freedom  
nurture  
eager

determined  
motivated  
friends  
respect  
peace