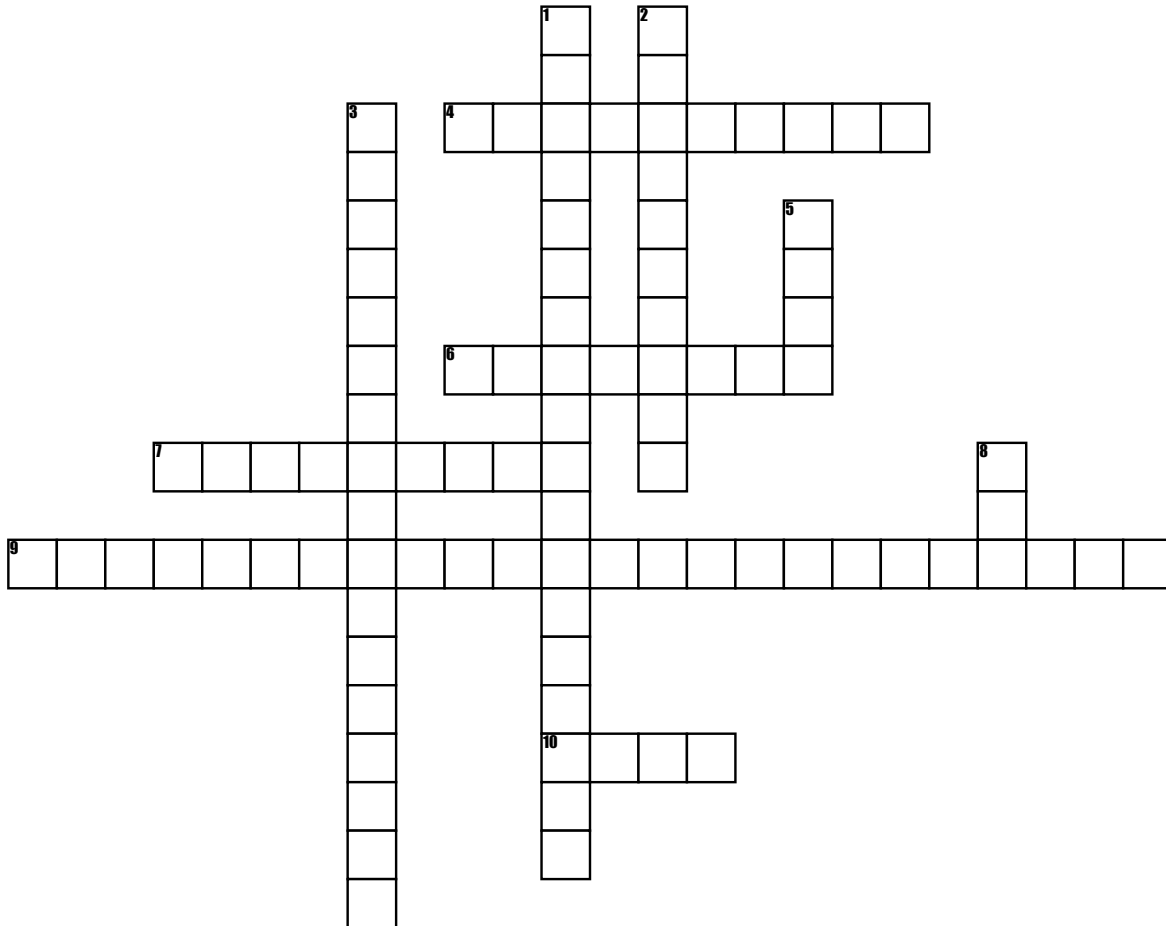


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# physical therapy



## **Across**

**4.** What is the muscle group on the back of your leg that bends and may become tight

**6.** your therapist will \_\_\_\_ you on your first day to see your strength and weakness

**7.** A tube that has the water usually at 50 degrees for relaxation

**9.** gets your muscles stronger

**10.** A warmth used to help circulation through your body

## **Down**

**1.** what do you wear to therapy

**2.** Is a deep heating treatment used to treat many musculoskeletal conditions like sprains, strains, or tendonitis.

**3.** who is the doctor that treats you

**5.** You may become \_\_\_ after your physical therapy due to your muscles healing

**8.** what's the measurement based on a patient's height and weight. Medical professionals use this calculation to demonstrate the effect a person's weight has on his or her health.