

obj. 3.01 Fruits & Vegetables

N R T I U R F E R U T A M M I A S E E D S I S L
 V S E N O V A L F K K E N H L A D B O I H E Y C
 L L N T S B Z J C C H P C P C D X Y Y W V L W P
 M U T J R H T E S O F S E M U G E L R A K N E S
 P Q I T E Q U R S Z S G E B G L M T E U Y F G L
 T F U F W A K L V T R T C S W V P L S J B G K R
 I M R W O S I X P U N E I P J V I G F E Q R T L
 U U F E L T M O E R S T X U A R I U F N U R I R
 R E S R F I M E G K I O C O R Z E N E T O R A C
 F L U A O W L C T U W E H U A F Q P X K X M U E
 E L R Z R E P U R S W M L W E R W D N M X B N S
 R C T B S D J F T U A C O U I E U F T G P C D T
 U I I H A D E Q R E D F R F G D S E L M I G E I
 T B C J K P J A T C J P O P G N E M N L W I R U
 A R F X I B Y S S E M O P N E E I Y X S Q S R R
 M O H R W X R A B S S P H D V T R Z K N Q W I F
 F O N E B B P T R A G B Y R T P R N Z O C B P L
 Z T V F Z F F A U I T C L U I S E E X L Y U E A
 O S G B U L B T H V F L L P U I B W C E R E F C
 K K W W Z Y E M C M J N Y E R R X R R M F E R I
 B Q K V R F T B K K N N F S F C E Z V N R Z U P
 E U S F L O L E P R O D U C E B L D M Z I H I O
 E T D J M W G K N F H T V J U B N T I D T Y T R
 S S P G N I N W O R B C I T A M Y Z N E S Z R T

enzymatic browning
 fruit veggie
 chlorophyll
 carotene
 produce
 enzyme
 seeds
 pomes

under ripe fruit
 crisp tender
 ripe fruit
 legumes
 fruits
 Drupes
 roots
 bulb

tropical fruit
 mature fruit
 stir fry
 berries
 leaves
 saute
 stems
 zest

immature fruit
 citrus fruit
 flavones
 flowers
 melons
 steam
 tuber
 fry