

muscles and bones

M Q K J A H L S T N E M A G I L E Q W E N H E P
Y U Y O R L L U J B D M U S C L E S Q A B X U X
K G A L L M U S P L C A I B A T B S B R T H Q C
S I O U B F K X J W G P N T U A D F G B J N Q C
E U N J N O S A M T B I V Z L C F R J E D I S L
L X U X H Y C Q D D Z L O S W I G P P T O I A I
C F L H R I E R G M C K L H D T Q H H R V H T Y
S N N O U M U I C L A C U D D S F F Q E L G U V
U P E R I O S T I U M W N S Q T F W U V A K E S
M S P R A I N M V E E A T P I X R D U O F G N J
L L D Z P T D O N G B P A V O T I A X E L F O W
A I E Y V R Z T Q F T L R R D Y B N N C H R B H
T U X S V O L U N T A R Y M U S C L E S K A S S
E R X P E X M J M P B K M E R U A G G O C C U I
L P E L V I S Q O R M S U M W W G C R H D T O S
E E Q Y P T E D S G J F S O I L E U S H V U L O
K N Q D N V G A T L G J C Y X P R X G T I R L R
S D B A C E W C R X U D L D E L T O I D T E E O
M U K Q C O N A A W H J E V F P O Z U E A Z C P
Y P S Q N D N B I U H V S Y J R H U I V M X N O
Z R O E F G P A N J Q Q J B D Y B X V U I A A E
B I C E P S D A U D S K X T L V M J Q P N L C T
S N O D N E T E N O B C A Y E L S B Z F D D W S
T C O M P A C T B O N E V V W Q R Q M P T V E O

involuntary muscles
osteoporosis
vertebrae
ribcage
sprain
skull

voluntary muscles
compact bone
ligaments
deltoid
pelvis
bone

skeletal muscles
periostium
fracture
calcium
biceps

cancellous bone
vitamin D
tendons
strain
muscle