

Name: _____

healthy living

K K L H C 9 C W E G P W W B A T H K I G 9 B P U
D W U A R R N N 1 K K L C B I C Y O L G R E Y 1
9 D U W A S K F H E M E R B 9 T U K 9 1 M G 2 S
E U N R G W P E F E P R M A B 1 S C M E I V R D
M L A T U W A T E R N E L O V C K I N B H U 9 2
K C E B S T V U 9 M T N I U G 1 I T B I D N 1 Y
C R L B O A R U B O O G C K H A A W I 9 W F 2 1
F U C 1 N Y L E F Y R U V S S L 1 Y O H 2 G H 9
G E E W L U V V E I A P C O H V L 2 P P U S O O
T U B F M I H S M T C B P E 9 O D 9 T M F M U C
V A L D T 1 1 M R M N B A G B P 9 E S L I T R I
B U K I K N F B M P S L G U E E C L M B R R S U
F H S F W P G C M E T Y G R S E D P V B R C O Y
B O U A A C M S H H C Y I W W L Y P Y U O H F Y
P R S 2 C K D C O H K I Y F 9 S 9 A D K 2 1 S U
G E N I K T A S W B I H N K T P R U N S G C L A
M E D W V E G V V Y L D N E I R F E N F A 1 E 2
N K 1 2 P O S R S O G V E A B M C W V H U C E W
1 O P Y 2 B V R C H H G C V N M 9 A 2 L 1 A P P
F M R O C O C O N Y T S K P O B U W P G A B A R
U S W 2 9 E N U B 9 I P S V B L M L M W S 1 D D
V O C U D U T N 2 M A N C C V O M E P P 9 O A Y
H N 1 D M F B C U R G O O D D I E T I E 9 L Y F
2 W O W L F B 9 9 G U M F B K G K H S A A V B A

9-12 hours of sleep a day
be clean
positive
no coco
water
love
plum

mental health
friendly
no smoke
be nice
carot
tree

good diet
no sugar
peaches
sleep
apple
bath