

Name: _____

Date: _____

healthy eating

J V N J X Y C C O U M S F C S F D
I E I S B A L I F E S T Y L E A I
Y G B L T G S E I R O L A C L U H
S E D U Z I I Y N O E Z Z W F V X
E T M E T T U V B Y X N D M O Z Y
I A K U W E O R T J O Q N W T O E
G B R E F P I L F D Y Q F I S R V
R L E T S K L D A A Q Q Y C D A X
E E T S A F K A E R B Y W U P G H
L S P T Q E N P K D Q T S L U U E
L B S H I R W Y O H P G L T B S A
A A E B S R I O F U C T A U E D L
N F X I R T F B V N D U E R R V T
Z W F E X A R W C G D S M A T A H
Q U Z S V O C K P E B Z V L Y X V
W P W I B N L Z F R H K G Z J C X
T K S N I A R G T C P S R X D K B

vegetables breakfast allergies lifestyle calories
cultural puberty dinner hunger health
fruits grains carbs sugar meals
food diet