

Name: _____

Date: _____

healthy Living

F G N X N V G D O A Y I J J R I U B U M K K P A
 G G P M Q R Q M G C O P E D E B K W B W X J B Q
 Q I S E D M U S C L E K A F J O C O P H V R I G
 U G Z F T F T H E H E L D E H E B M S B T I R T
 E Y Z A N P A H X W R X J M K B L W V O R N L L
 G C E P I C E R Z A I H H N I P I M Y G P O I O
 A N G F B B R Y I C X F Q I J M S S T W J I A F
 L X I N P K Q Y W W A T E R M T O O H E J T T F
 S I I L I L B A H K I C L I M B I N G D T A U Q
 A I V G C N L N I H A R N L N V H E F U B T S D
 L E O I A Y N I G N C G A J L S R J N E W I A Y
 A U R E N K C U M H Z T I U S B I F Y N U D V X
 D V D Q K G B I R D M Z R P F V G K G E I E J A
 E L B A T E G E V P A P O R T I O N S C R M J S
 M B G E Y I C W S N T E X D G N Y I E G K Z A B
 B N I U E X E C R N V K R N V S C H P T B N K C
 H D S U T C J E Y D Y L I T S R V Y C Z W O I L
 U Y I T D Q R H W E P K E K E X S O V H J I B D
 K A C S Y X T K U E L S P X J G F R U I T W R S
 Z G X V N L Q P Z A I J E X H J Q K W E U Y B Q
 Z E G A A H E A W F O G U P C L C I B O R E A U
 U D A E G I L B A H C X H G C R D F S R F I N Q
 D W H P Y O B O Q W T Z V T A D T A G U U B F O
 X U P M Z T Y Q X B C J Q L S R J W K R P D U G

meditation
 exercise
 weights
 living
 gym

vegetable
 running
 aerobic
 fruit

treadmill
 cycling
 healthy
 salad

climbing
 walking
 recipe
 water

swimming
 portion
 muscle
 yoga