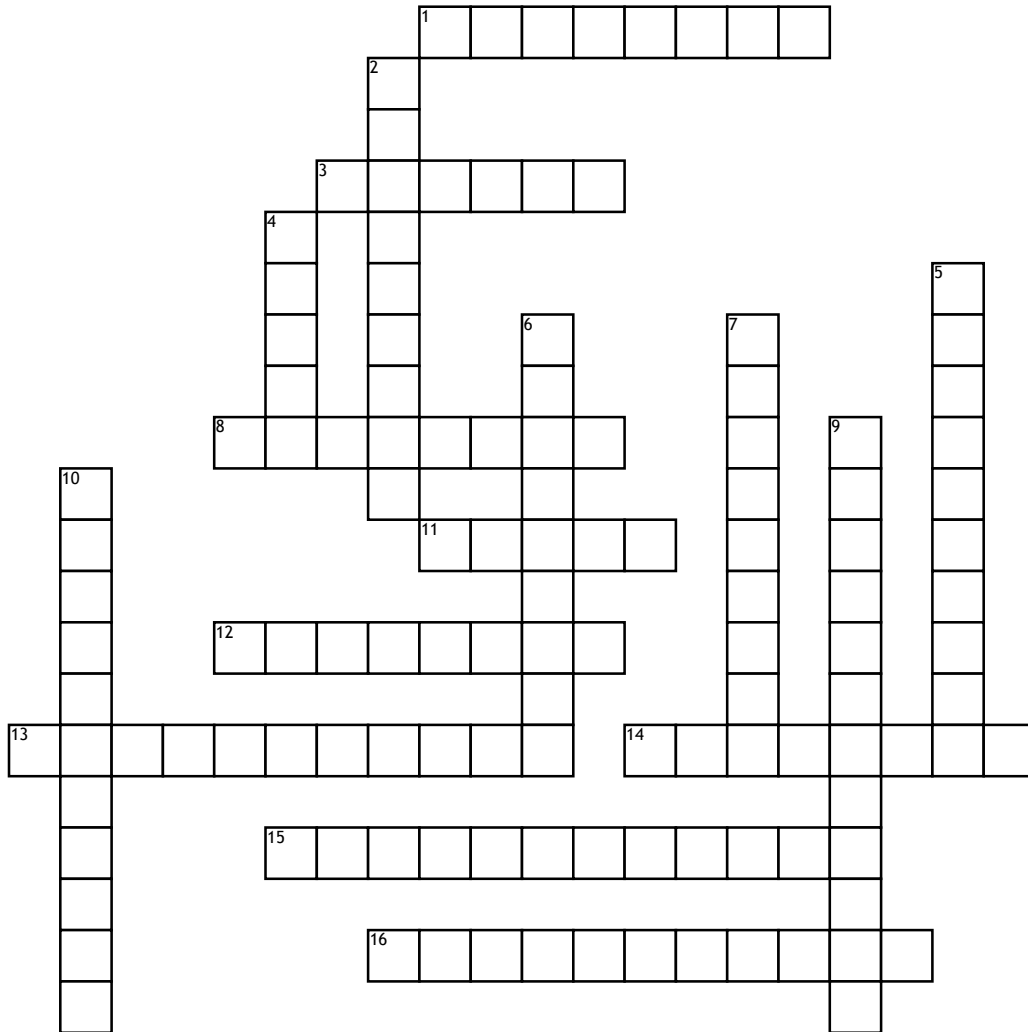


health key terms



Across

1. any situation that puts a demand on the body or mind
 3. the body's and mind's response to a demand
 8. a negative stress that can make a person sick or can keep a person from reaching a goal
 11. smaller than bacteria they can survive and replicate only inside living cells
 12. tiny single celled organisms

13. work together on something to achieve a goal
 14. a positive stress that energizes a person and helps a person reach a goal
 15. result of your decision
 16. one of the hormones that are released by the body in times of stress

Down

2. the characteristics of doing what you know is right

4. uses the nutrients of living or dead organisms
 5. single-celled microscopic organisms and are more complex internally than bacteria
 6. direct and respect in the way one expresses oneself
 7. they get their energy and nutrients by feeding on other living things
 9. shortening a story
 10. a measure of how you view yourself

Word Bank

- | | | | |
|--------------|--------------|-------------|--------------|
| consequences | protozoans | fungi | self concept |
| integrity | paraphrasing | parasites | virus |
| distress | epinephrine | collaborate | assertive |
| eustress | stressor | stress | bacteria |