

first aid

E V G H Y P E R G L Y C A E M I A J H A V K M D
P L F G H U P F A V F X P E E E D K Q W J G D O
F F K I S S E S S A F H M O U A I L K K E X M T
O N E S V Y V D K Y G M T C N P R H Q R R G S H
N O J B Q E C F F A L X R G P G A J U S B Y H I
D I L S R G A E I Q D X E A V R S T U O S E T R
P T N R P I O B N V I R G S M A C Q F G U V A T
T A G O R Z L D D T E Z G A Y A M V J B M R E Y
K L T O I P A E S O A B R E R I D H S C W U R C
F L I E E T C N C F M Z A F J E F P T G P S B O
P I V W N N I H B O O I W C Z X L M X S Y E L M
E R Y J N S V S O A N J N D K I A D Y Y A O A P
M B Q H O O E G O K G V W A N B R M F T B T I R
N I A R X J I C N P I E U T L C L Y H R I O T E
C F E E M Y F T O I Y N E L W T F O H K W T I S
O E W S G E T K A N H R G B S X H S W M U D N S
N D E P O S N A N L D T E W N I D R R S H A I I
T U K O B Y P I Y Y U S A V H S O P U J Y E E O
R K P N P A S R N R M C A E O B F N L S K H V N
O A J S J W R L O G Z T R V R C E J S L T W I S
L A N E X R W C U T I S A I T B E X K O I S F Z
O S M M E I J T C C E T S F C S H R Y O W S V L
P U E W J A M H M R F C I G P U E H Z K N G V M
Q V Z H M K V B P P I A T S G I D G G D U U K P

five abdominal thrusts
thirty compressions
five back blows
ten seconds
breathing
response
control
assess

five initial breaths
head to toe survey
hyperglycaemia
circulation
splinter
choking
airways
danger

febrile convulsions
recovery position
defibrillation
meningitis
fracture
protect
asthma
look