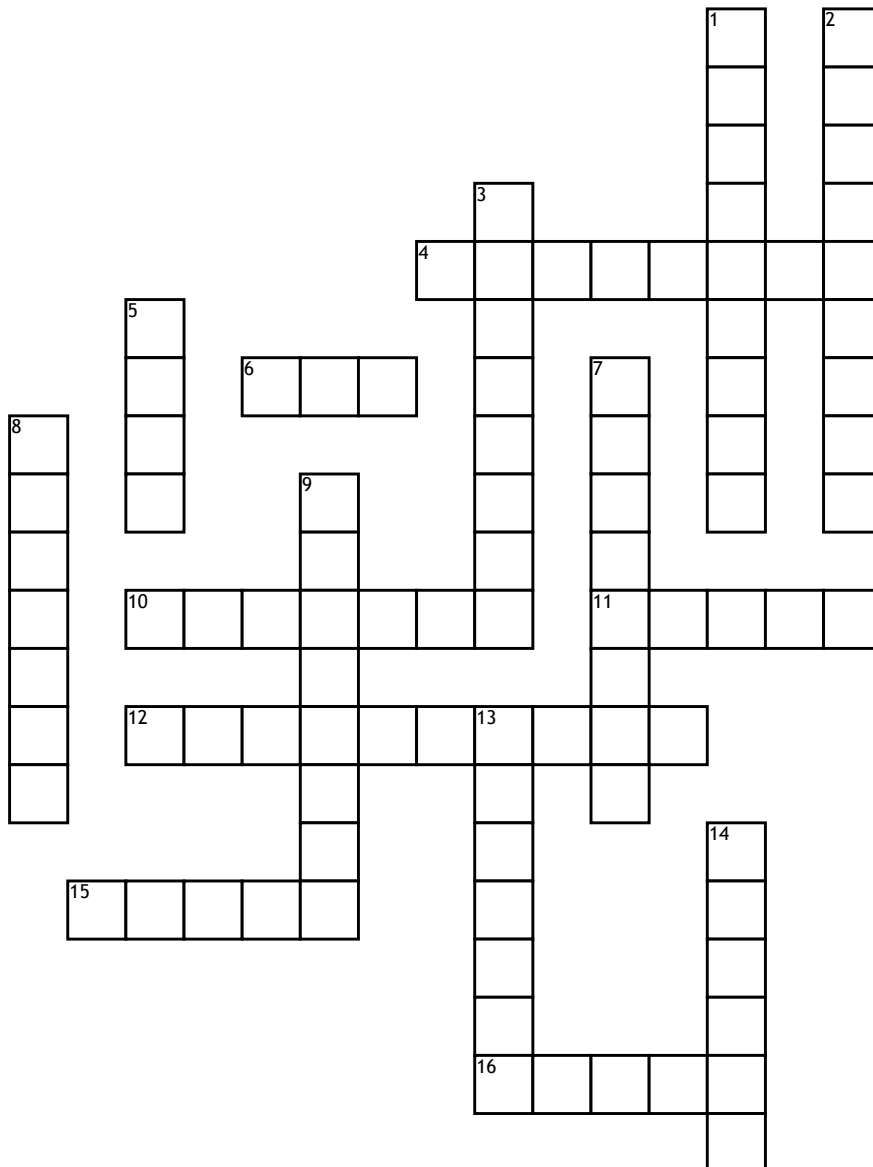


Name: _____

Date: _____

feelings and emotions



Across

- 4. Always looking on the bright side
- 6. what you might do if someone upsets you
- 10. If you have something on your mind you cant sort you might feel
- 11. someone blames you for something you havent done
- 12. when you try to get your point accross and nobody listens

15. when we achieve we feel

16. what we might feel if we have done something wrong

Down

- 1. Feeling able to do something
- 2. how you might feel when someone is crying
- 3. feeling unable to think clearly
- 5. feeling at ease and without worries
- 7. feeling alone and nobody cares
- 8. what do we need to manage our emotions
- 9. exams might make us feel
- 13. facing an uncomfortable situation
- 14. worried about what other people think