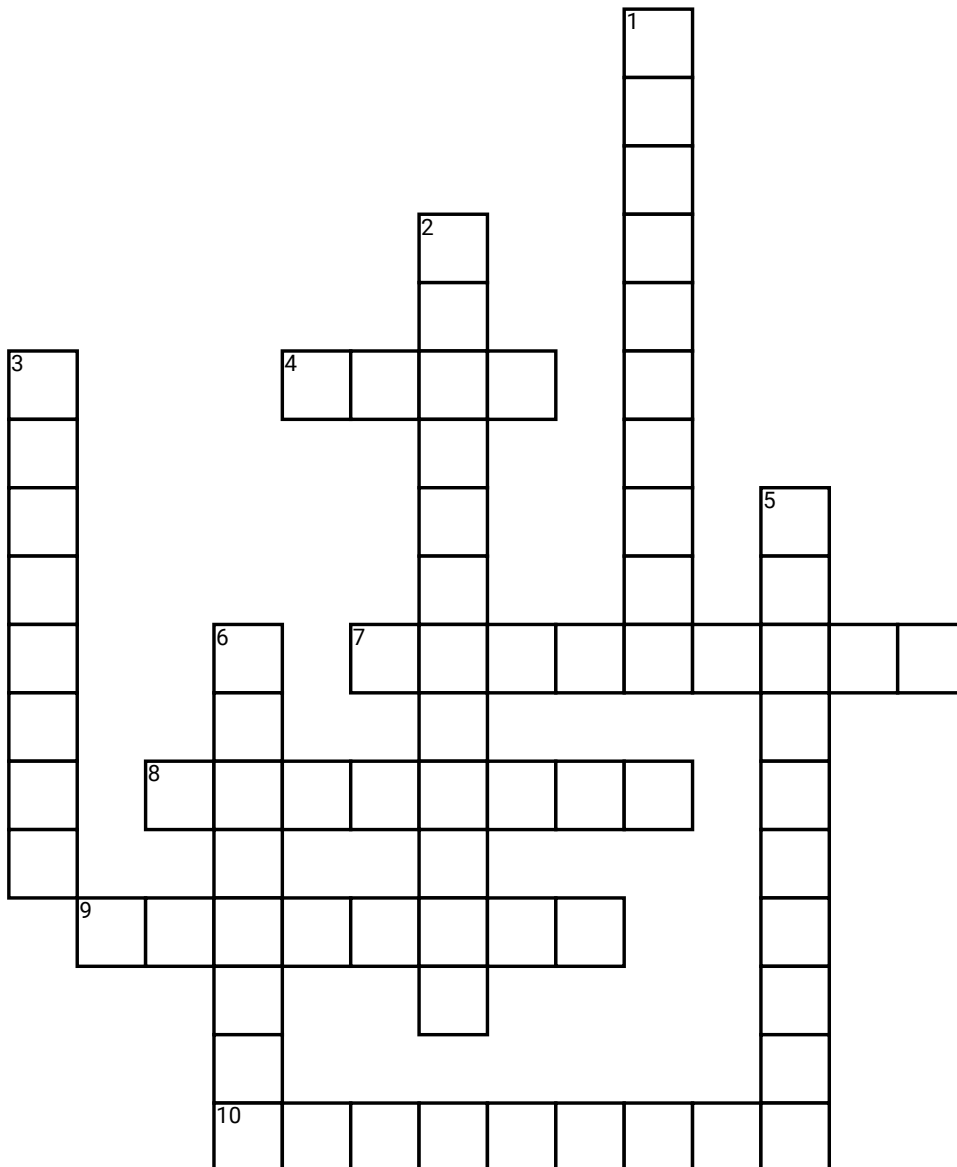


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# fad diets



## Across

- 4. another factor to consider is your \_\_\_\_\_
- 7. everybody's body is \_\_\_\_\_
- 8. many of these diets have a \_\_\_\_\_
- 9. certain diets can cause \_\_\_\_\_
- 10. fad diets can be \_\_\_\_\_

## Down

- 1. certain diets can \_\_\_\_\_ your health
- 2. most of these diets can cause \_\_\_\_\_
- 3. these diets should not be used
- 5. you can lose weight without \_\_\_\_\_
- 6. they're usually designed for \_\_\_\_\_ weight loss