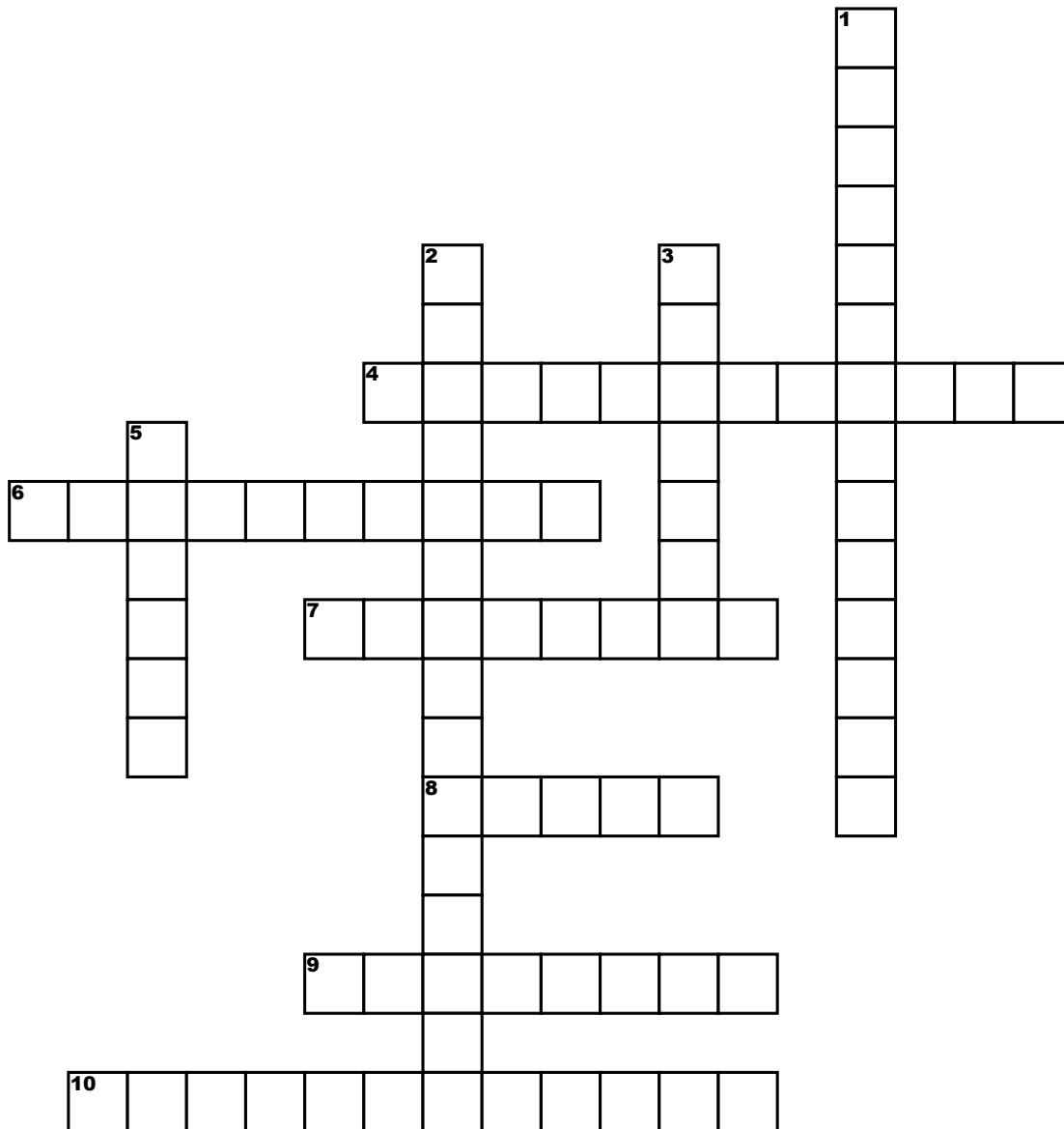


choice board 1



Across

- 4. one's ability to form meaningful personal relationships with others.**
- 6. taking action to avoid disease, injury, and other negative outcomes**
- 7. buys products or services for personal use**
- 8. behavior that is repeated so often it becomes automatic**
- 9. state of high level health**
- 10. a person's condition with regard to their psychological and emotional well-being.**

Down

- 1. is critical for overall well-being and is the most visible of the various dimensions of health, which also include social, intellectual, emotional, spiritual and environmental health**
- 2. a positive state of wellbeing which enables an individual to be able to function in society and meet the demands of everyday life.**
- 3. beliefs and patterns of behavior that are shared by a group of people passed through generations**
- 5. the overall well-being of your body, mind, and relationships with others**