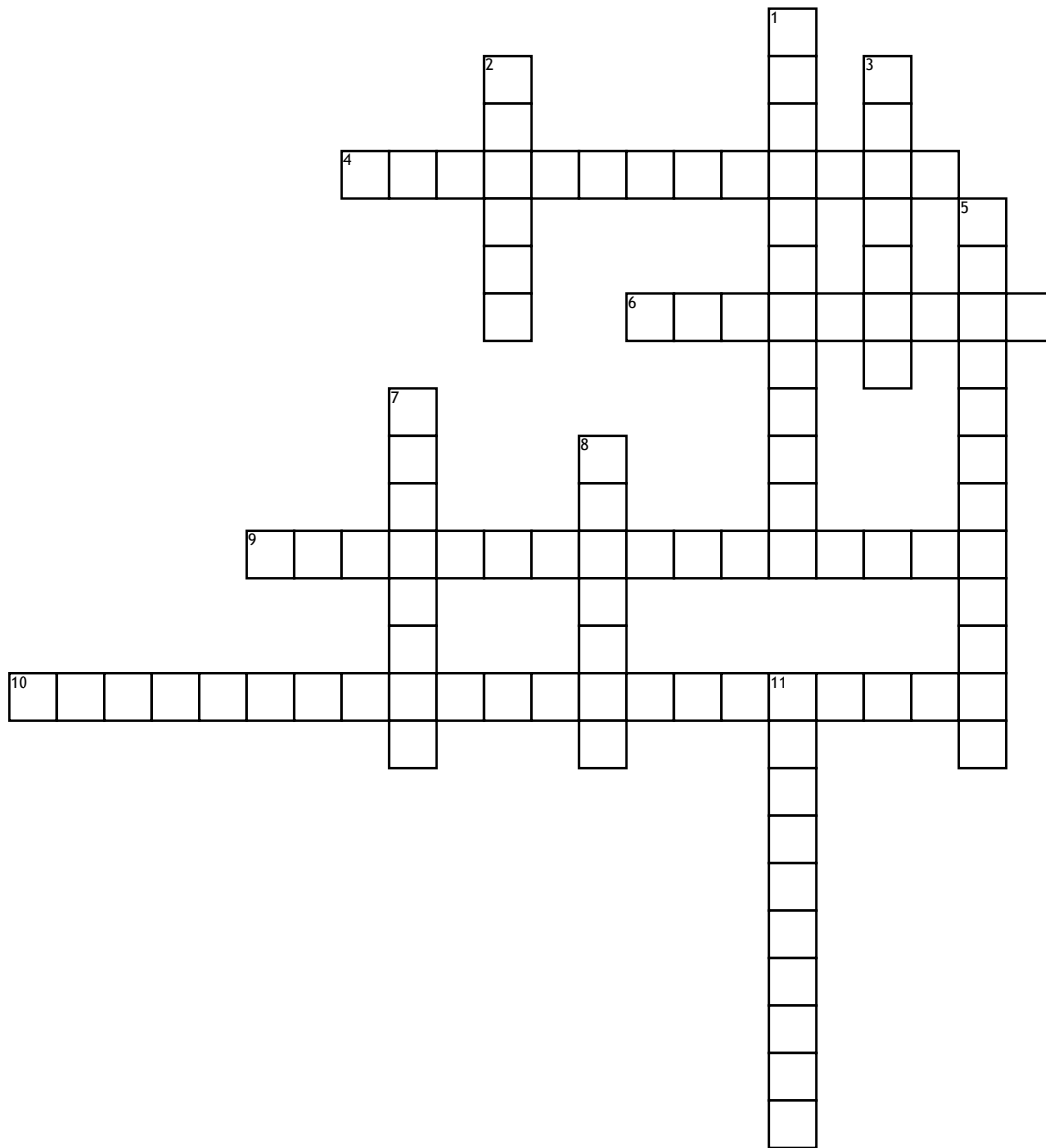


childhood nutrition choices



Across

- 4. high blood sugar
- 6. a person spend too much time sitting
- 9. portion of food smaller than meals
- 10. conditions involving blocked blood vessels that can lead to heart attacks

Down

- 1. high blood pressure
- 2. red blood cell deficiency
- 3. overweight unnaturally
- 5. amount of food
- 7. improving health with physical activity
- 8. child only eat one food
- 11. ones own feelings of self worth