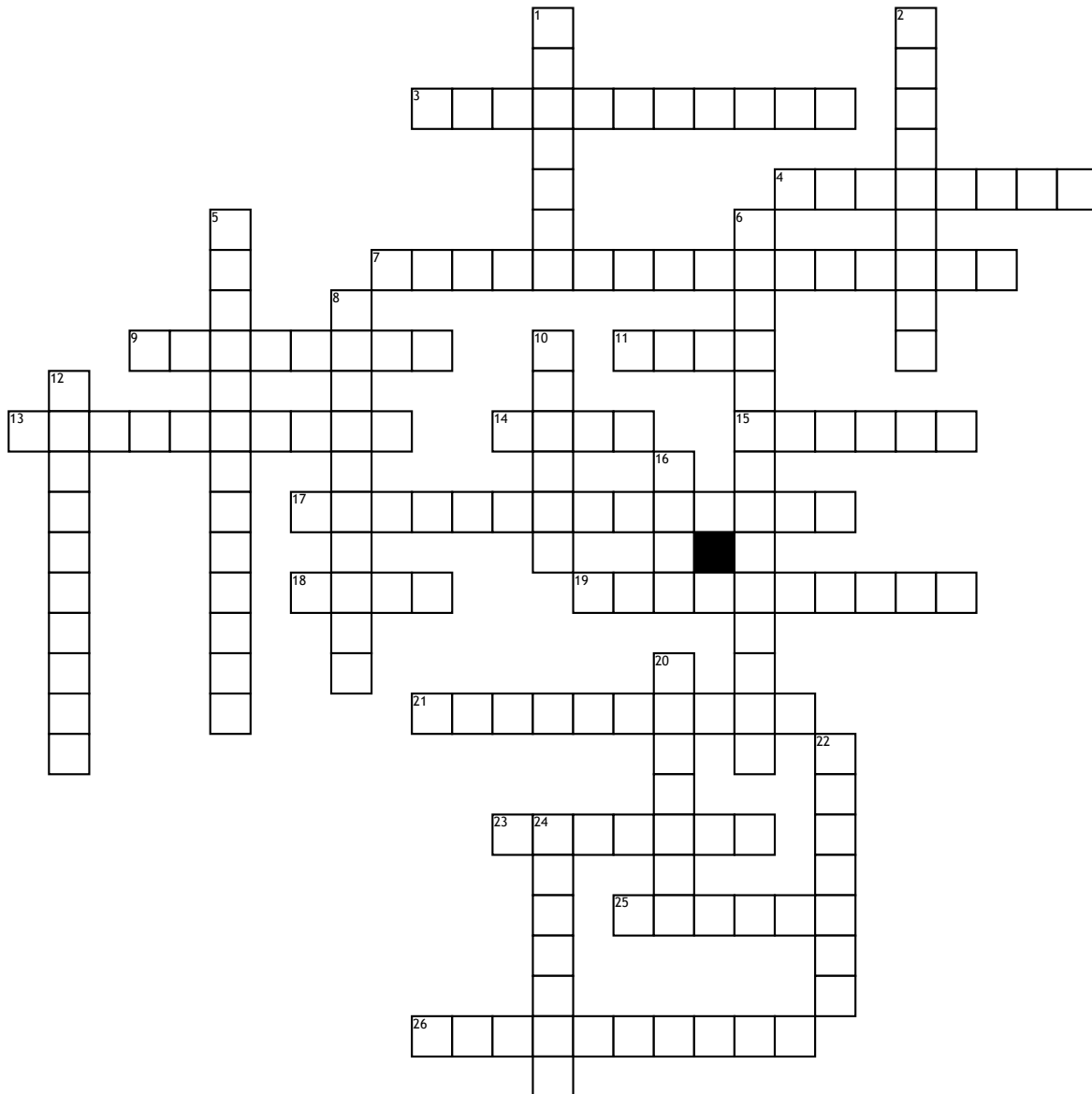


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# characteristics of a Healthcare Professional



## Across

- 3. an internal stressor (2 words)
- 4. tolerance and understanding
- 7. a CEU is an example (2 words)
- 9. improves muscle tone
- 11. one stress relieving technique, ask for \_\_\_\_\_
- 13. a positive self-image inspires
- 14. working as a \_\_\_\_\_ allows faster accomplishment of goals
- 15. an external stressor (2 words)
- 17. performing duties without constant direction
- 18. practical skills for productivity is \_\_\_\_\_ management

19. good health depends on these types of foods

- 21. tobacco, alcohol, drugs can affect (2 words)
- 23. stop, breathe, \_\_\_\_\_, choose are stress management techniques
- 25. the body's reaction to a changing environment
- 26. \_\_\_\_\_ is contagious

## Down

- 1. a small amount of stress is not \_\_\_\_\_
- 2. constructive \_\_\_\_\_ helps improve your work
- 5. responsibility and reliability

6. reliability; doing what you are supposed to do

- 8. using good judgment; respecting confidentiality
- 10. an impression is formed in as little as \_\_\_\_\_ seconds
- 12. qualification and capability
- 16. ability to say or do the kindest thing in difficult situations
- 20. healthcare teams work together for the benefit of the
- 22. truthfulness and integrity
- 24. identify and understand another's feelings