

Name: _____

Date: _____

cfc 20 healthy eating for families and children

S U O I G I L E R M Y D W X T M X H H J F Z H R
U E S E E H C C Y S G U G F S P J C Q I H R F V
N V Q B U R N S V H A C A R R O T S S J Y K A Y
K U Y M R E H S O K P Z U S C Q P H U U N M Y N
C C M E E A N A V R P U C T Z S Z Z Q I D I H O
E Z M V V Q N E J E L T W I D Y R W O C K L T M
J S R E E F Q U I P E N Z U E R H A V C I K L D
A Q J G G J O C T G S J U C V D A Q E V B Y A X
F D S G E T M Y A X Y K Z S F W T K D P M Q E H
S E E S T Z Z J J H A H B I M R P O A A L P H H
E C G K A M X X R O H I U B R R D N B A V I B M
I N I K B L Q A E R T C P L C H I L D R E N N W
L A Y C L L A Q T F A T I U R F K G Q E F D A O
I L M R E C W N W S R I F E R M F D G N I T A E
M A M O S B D G A R A Y B D D O Q D J P L R R F
A B P V J B R F R I N P A P O I K B H S A L A D
F U W Y N K F E P N R P M D J G H J G S X Q I M
S T J K F J U I A N G A P B J Y G X T H X C I Y
S E I G R E L L A D H V T S U L Y A W S P M A F
B M B H H R S F Q T A E M E A X R R Q E R P A W
N E D T G R H A L A L U F D G C U X I K W X X R
M U U M C B S J I K X B Z O H E U F B A Z U B J
K R A Q K C B U G V Z N V Y R L V A W C U R W P
Z N N N N S Z A J K X Y O C V E G A N F E S J I

vegetables	vegetarian	religious	allergies	families	children
biscuits	balanced	hygiene	healthy	carrots	starchy
eating	apples	kosher	cheese	salad	pears
cakes	halal	bread	pasta	fruit	vegan
tuna	meat	eggs	fish	milk	food