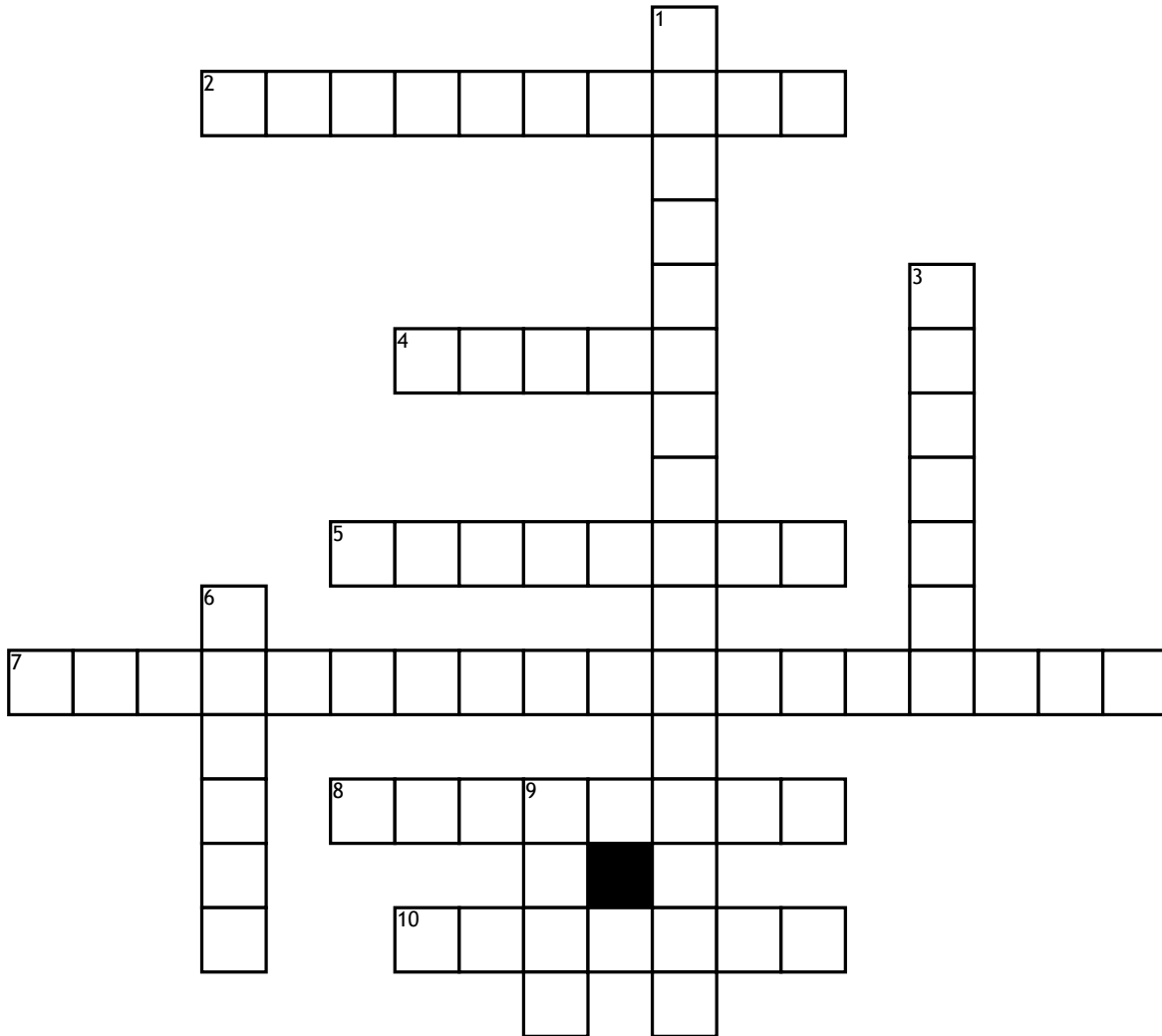


Name: \_\_\_\_\_

Date: \_\_\_\_\_

# caring for your brain



## Across

- 2. a thing you do to relax....
- 4. a way to get smarter.....
- 5. something you do at home to keep the information you learned at school is.....
- 7. a good thing to practice if you have to much screen time
- 8. something that helps you from being on a screen to long is.....

- 10. someone who teaches you is a .....

## Down

- 1. Hint: Finding subjects you like in school and building upon them is an example of....
- 3. a thing you do to stay healthy and live longer.....
- 6. a place you got to learn at is...
- 9. Hint: One of the simplest ways to care for your brain it to....