

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# anatomy of muscles

E C A R D I A C M U S C L E S D H J X F D L S R  
Y P I N Q B M R S H Y L S P T P J K A D J N E D  
Z R X N A N V H J P G X V O L U N T A R Y Y R E  
C D A G V L R I J N O I T A X A L E R B N T X I  
C O N T R A C T I L I T Y O V U I J V A P I Y I  
E A N R N L U H W I R R I T A B I L I T Y L Y E  
Z N Z T L U Y O J E F H T A V B E F Y H F I W V  
L E Y Z R U L Z R I M H I R C D X V R M D B R Q  
B A W Z B A J O D I K D L O N T E N D O N I F Y  
D R R Y A Z C Q V F G O P G M A I C S A F S X M  
X Z Q Y V D C T S N B I F R Z Q G H L F W N N W  
G D H S K V L E I V I E N I G T B L E H D E U X  
R M C T I X G W J O S T N E M A G I L P F T M G  
N E I A N I T Y H G N M R O N V B A V L F X G P  
U S T W E S H T B L D B B C F P E K Z O N E B I  
D Q S P S C G I H M A S M O O T H M U S C L E K  
X W I L I X P C N Z W R V U D K G B P S E J K W  
E P N S O S V I Z U Q U N S T R I A T E D J A L  
V L O V L W B T T R C H I E V O Z R L A H J L D  
Y D G X O Y Q S J W H W E G E Z I T W W U M P T  
X A A K G H E A E L C S U M L A T E L E K S K Z  
I G T Y Y W V L G V P F Y C T C N Z P M J Z Y L  
H T N F U W G E O W H R M E Y S K S Y T F R I K  
H E A R X T Q B A A Q V D B T I N S E R T I O N

SKELETAL MUSCLE  
EXTENSIBILITY  
ANTAGONISTIC  
INVOLUNTARY  
RELAXATION  
LIGAMENTS  
FASCIA

CARDIAC MUSCLE  
SMOOTH MUSCLE  
CONTRACTION  
UNSTRIATED  
INSERTION  
STRIATED  
ORIGIN

CONTRACTILITY  
IRRITABILITY  
KINESIOLOGY  
ELASTICITY  
VOLUNTARY  
TENDON