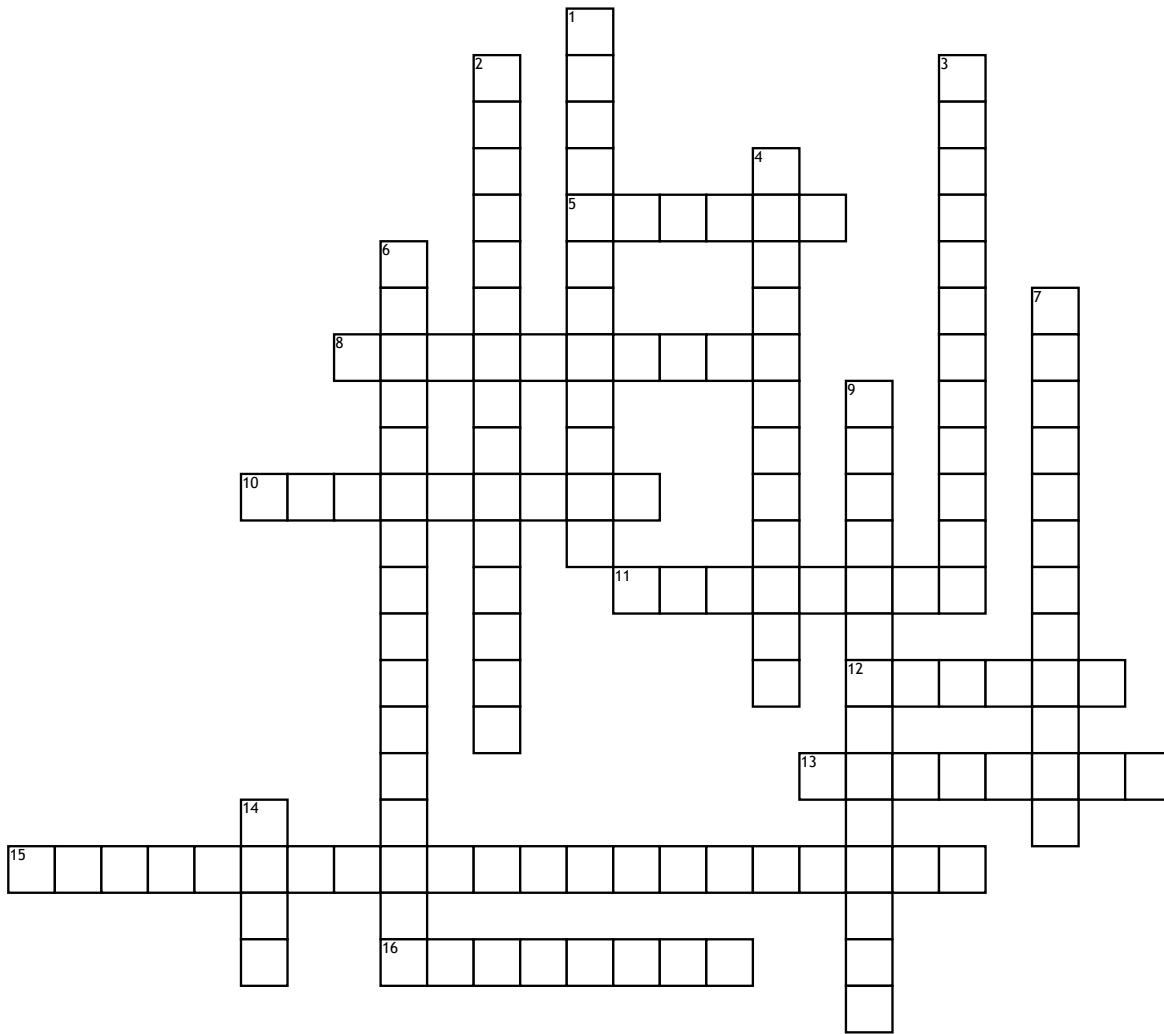


Stress, Good or bad?



Across

5. Breathing problems

8. You often do this by sitting on the ground, finding inner peace

10. This is when your head hurts and causes stress

11. Positive Stress

12. The body's response to danger is...

13. Negative stress

15. claustrophobia (fear of tight space) is an example of...

16. An event or situation that causes stress

Down

1. When food moves too quickly or slowly in your stomach

2. Graduating is an example of...

3. World war is a good example of...

4. What is your body's defense system from invaders called?

6. Homework is an example of...

7. Stress can affect your _____ in both positive and negative ways.

9. What do you need to legally drive?

14. If you have a weak immune system, your body develops disease like...