

Name: _____

Cognitive Therapy

M J S N O I T A U L A V E Q R D D S Q Z V Z X Z
Y D I Q I W E J Z M A D I S O N B R A D L E Y Y
H K I W K F D S P T W H K I R E F M R E Y P F P
N A O M S Y C O R E B E L I E F S E I U O L D A
S C P N N C H T B U I R J C A G B N I M U O V R
Q T G G X G V Z V L Z L Y R S B X T G E Z X N E
J I P B K V G T D P N M F O O I O A E R O Q D H
F V W T Y E E P P I R T Z S N T J L K Q Y D L T
N A D U I L E I Y X L N B S I F G H A O I A E V
L T Q R U Y J Y M X G Y R C N L W E C F O P O G
A I P H U P T J X Y R U S U G C O A J G L N F N
I N S N O I T O M E L O K L U A I L S T C J R I
N G Y T E I X N A R M C A T P H J T T G S O C K
E E C P U L R M O Z E A E U H S P H N P I A C N
R V B E M M P A J B L C W R F K R M I V D P P I
H E Z E W O S Q N I P O L A N O I T A R R I E H
P N F M W I B O B W E Z L L H M Q H V H G V Z T
O T A P F I R H T S S E C O R P E K M Y I M S X
Z S Y U G A O V F H I B N W R B W T O T T C U L
I G O U A E N F U E L C R Y O O C C I Q D Y N S
H E B O H P A M R E G O S J T R H N H D L O W B
C J C W J D Y B J C T E K I L D G Z E K Q E Z X
S S B B I K Z V Z B F R V P N O S L F C G C P N
C C A C X M F B O T O B A X C X U M S N S B I R

Activating Events
Schizophrenia
Germaphobe
Emotions
Anxiety
DSM

Madison Bradley
Core Beliefs
Irrational
Behavior
Therapy

Cross Cultural
Evaluations
Cognitive
Thinking
Goal

Mental Health
Aaron Beck
Reasoning
Process
CBT