

Name: _____

Benefits of Volunteering

H W V G T H C F I F U I E Y O Q R Y V F T Z I Q
L P H O M E Y D K Z I M F W J A T Q P M X B I G
X O J O T J P A L M J P M C P Q D M P T Q E R Q
C S D D C Q M W Z I J R A S S Q Q O R O E P F G
M I J F O J A S J T H O K I E P L X Q Z R A X R
L T W O A B K Y Y S D V E M O C T P Z F L R V R
Y I A R L N E R O F Z E N P W C A I E B P T J A
F V R M D F A L Q U Q H E R Z N K H O T X O U L
K E J I M H D E E N X E W E I T E E F D D F N U
S M F N R P I A I A T A F S I N O K S G X A N M
Y E E D D Q F R M N T L R S D M N Y K A R C U K
A N H A E M F N P D X T I R W K A O G I K O T W
L T U N J S E N R F I H E E L L C P W N E M W P
F A K D R B R E O U R S N C D W H D C C T M S T
B L Q B W V E W V L Y O D R L X A K D O Y U G F
L H Q O W B N S E F J O S U P G L T X N O N J J
W E G D W Z C K Y I H Y B I T U L U D F P I L H
S A W Y I V E I O L E H D T N K E J O I B T I F
P L N U E K O L U L S R J E J W N T I D O Y F L
Y T U R G R Q L R I G K I R V O G J N E U M V N
D H Q R J R V S C N S H O S W Q E F O N A B W S
C Q C J I F W K V G S G C L Y D R S V C U F V Q
E N H A N C E S O C I A L S K I L L S E Z S Y S
P T E A M B U I L D I N G A N D B O N D I N G H

Team building and bonding

It's fun and fulfilling

Good for mind and body

Positive mental health

Be part of a community

Enhance social skills

Take on a challenge

impress recruiters

Make a difference

Learn new skills

make new friends

Improve your CV

Gain confidence

Improve health