

Name: _____ Date: _____ Period: _____

Youth Mental Health First Aid-ALGEE

G Q Z D J Z N M M H P R R N A A B Q S W D C C D
R K I Z L E U N D D O P R E A S S U R A N C E V
X Z J D Q U C F V Z I Y F R L N B B X H S P K O
M R E S I L I E N C E N P P G G M V R O R Q W P
O S D A S R N T J L T Q R F E C M E Y A C E P Y
M N B Z Z Z O A D B E V R S E I I K E I H Z H O
E J A Z I O Z Z I U O J A I J D E R A X Z D R X
I N F O R M A T I O N E P G I J Q Q P O C R I U
V O C X A S S E S S K Z R N G I O L E L K H S P
B O B B W T D D C U L Y O S S T E H D N Z V K N
J U Z V U T S B S E R Q F A A C D B F N M A O O
K J I E F A E H E C V J E N W W H P Q B F T F N
L I J N T L A D L K M Q S D H X S Y F E D I S J
U X A C P N W A F F O S S S C G U B G G V L U U
U C E O O P L U H S G U I Y R S P U N U M I I D
H K J U L E L L E T S S O M P O P B A S K S C G
Y J U R Y I S C L R G X N P S A O L P E A T I M
S W V A H N R K P A I U A T B A R B H L T E D E
L Y T G Y T F U I T V Z L O N N T E B F J N E N
F Z X E T G S D M E E Q H M L F T G S H S F X T
J L N R C E H J B G E A E S F O S V T A S A P A
Q R O M Y Y B F O I S N L R F C X O T R D I A L
D F Q Q C N T K Z E O N P B R Y P P Q M P M G L
O E L A Z M E H H S K O V Q D S O M W T U D C Y

signs and symptoms
nonjudgmentally
information
encourage
support
give

professional help
algee jigsaw
strategies
selfharm
assess

risk of suicide
reassurance
resilience
selfhelp
listen