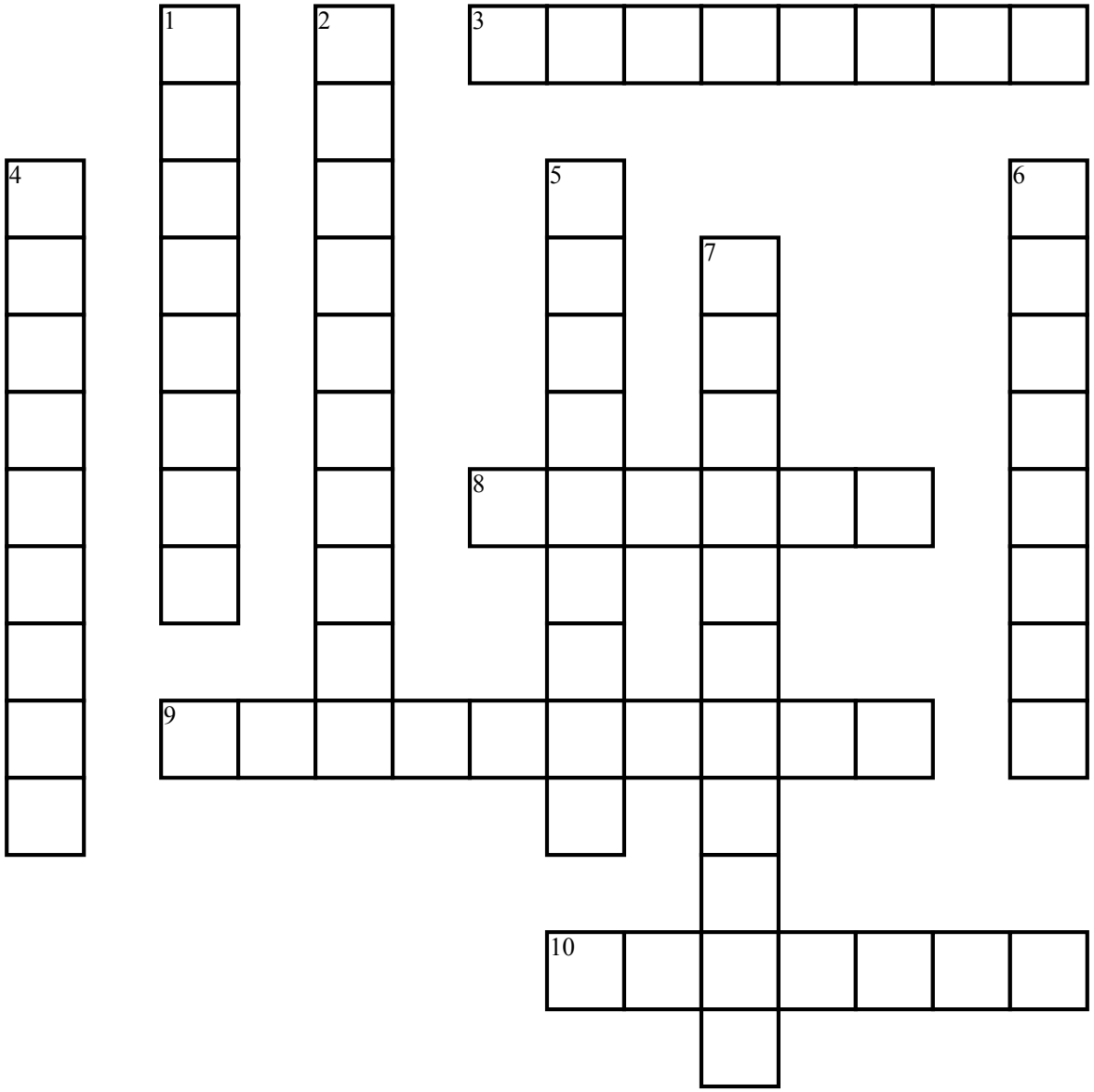
Name: _____ Date: _____ Period: _____

Your well being crossword



Across

3. Genes received by parents

8. How well the body can preform it's functions normally.

9. Viewing something as more achievable

10. Overwhelming fears of events or objects

Down

1. Stress experienced by what is perceived as positive events

2. Term that is used to describe body weight that is too high in comparison to height.

4. How long you live

5. Real; undisputed

6. Stress experienced due to what is perceived as negative events

7. A waxy, fatty substance in the body an excess of which may contribute to heart disease.

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