

Name: _____

Date: _____

Young Adults

1. What stage of Piaget's cognitive development classifies young adulthood? A. Body Image
2. According to Erikson, what must young adults achieve? B. Formal Operations
3. Who has a higher libido: men or women? C. HPV
4. Young adults have flexible decision-making skills and an openness to... D. Primary care doctor
5. At the age of 20 it is important to leave the pediatrician behind and find a... E. Alcohol
6. What is affected by diet and exercise patterns? F. Pregnancy
7. What is the most important concept to educate young adults in regarding health promotion? G. Calcium
8. An unplanned _____ can cause high amounts of stress. H. Change
9. Which vaccine is important to focus on for this age group? I. MyPlate.gov
10. What should women increase their intake in? J. STIs
11. What should be avoided while driving a car? K. Isolation VS Intimacy
12. What should you always wear in a car? L. Men
13. Which website is most helpful in recommending dietary intake based on age? M. Seatbelt