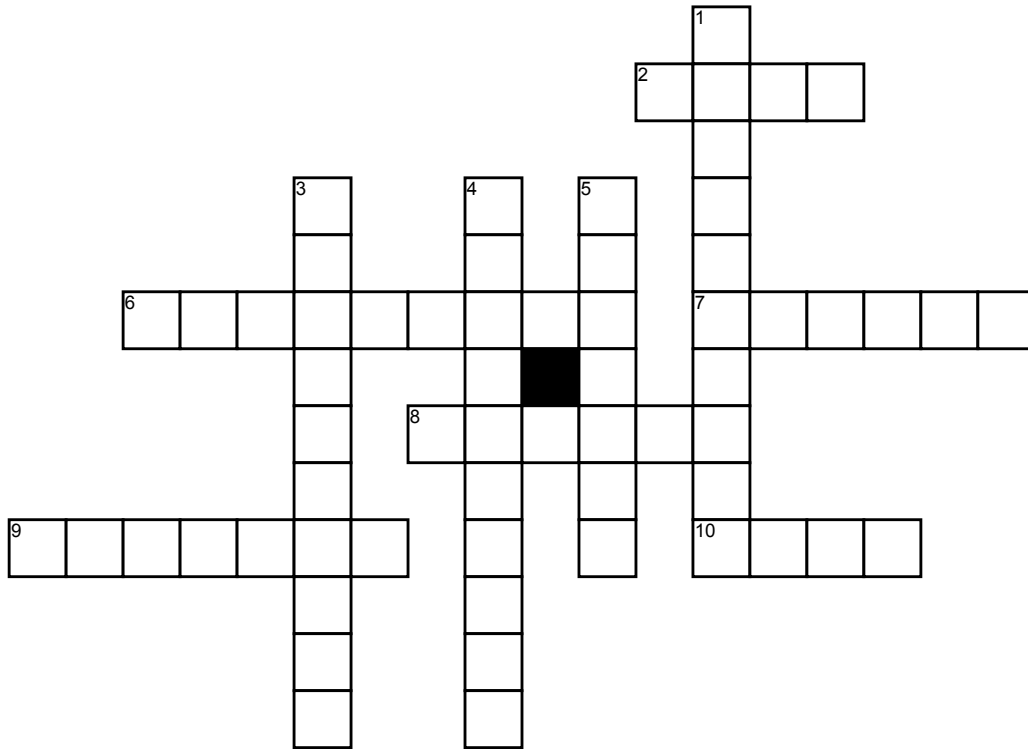


Yoga and positive thinking



Across

2. The feeling of desire for a certain thing to happen
6. To be thankful and show appreciation and kindness
7. To breathe in
8. A yoga position that is named after a type of light source
9. A respectful greeting said at the end of yoga to show gratitude

Word Bank

Namaste Gratitude Hope Motivation Courageous
Positively Freedom Inhale Yoga Candle

10. A good way to stay fit

Down

1. The way everyone should think
3. To have direction and an intensity. The direction refers to whether or not someone seeks out or is attracted to something.
4. The most _____ act is think for yourself, aloud
5. Something everyone should have