

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Yoga words

H E E R T J A W S R K H M A T Z T V P M E T L L  
G S N I U Y Z R X G T H P G O F L Y D X W X C Z  
B H W V F R H T X T J U P N K S A M N T D F Y W  
O K Q H F Q X X B D D U L S E S M A G F J I E F  
H B W K N F S O L A D A W H F O N H A B T R G X  
T P U Z Q P N X X Q R U N T T A B S Q A A B O U  
V T H I M A T V G V X J S C S Q A V C B U F G V  
T N E X A K K S W T V Y F A E N D R B M M R B X  
T N I V H E V D U N R L D A A R E N F X L P J K  
B V N Z X T F F Z I I A L P L P S W F C Y N U Q  
G B K O Q S C D Y O T Q J D U X J P Z Q T H T B  
R B Y U Y A Z Q Q P F B A S W K F T O K T M A V  
N F J H J M P V X S Z L L I M D N I W S E U L L  
Y G D U T A Z N O U A Q Z G N W J F S K E V A I  
I D R R Z N K A J C B R K Q L C S R E N Y W F W  
K R D F O P V W V O W S B L I I M X P X T B S F  
X C G R E C L M Q F Y A N O Y Q D S K A T M T X  
M L I O M H O T E P T R C F C L X D C B E C D Z  
E D J G S P F W V I J K R R X Y W N P V M R N V  
A N L T N Q H P K H B A I B E H B M M Z B I N Q  
N I Y H V C R Y H H G H K T C B G A W D T W E T  
O C K T R T E J L T C C V D C I X A B D E W P X  
Y O X R N C H Y S A V A S A N A U Q K N W V G N  
Z X E S O P S D L I H C D T I B B A R O C V G J

dancer's pose

child's pose

focus point

baby cobra

super cat

windmill

savasana

tadasana

chakras

namaste

rabbit

Asana

frog

tree

cow

cat