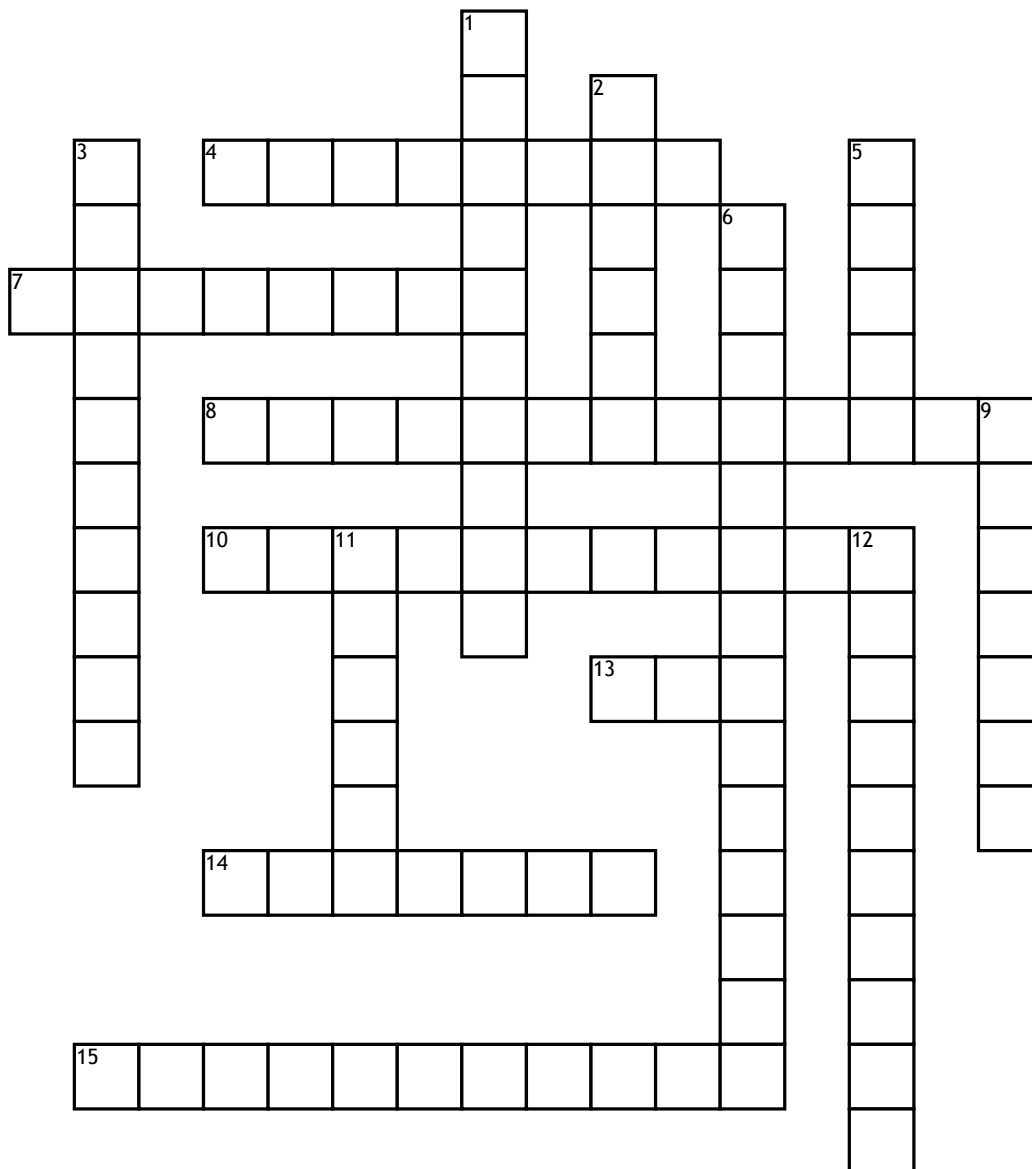


Year 8 Food crossword 1



Across

- 4. The food group that meat and poultry belong in
- 7. The process required to develop gluten
- 8. The food group that bread belongs in
- 10. We need these to make different dishes
- 13. The ingredient combined with flour when making pastry

14. These are an example of a non-animal protein

15. The group of people who don't eat meat or fish

Down

- 1. We use these to protect our hands when using the oven.
- 2. What carbohydrates provide the body with
- 3. The part of the hand used for 'rubbing in'.

5. The raising agent used in bread making

6. What proteins and carbohydrates are examples of

- 9. Another word for 'complex' carbohydrates
- 11. The protein found in flour.
- 12. The type of pastry that is used in jam tarts.