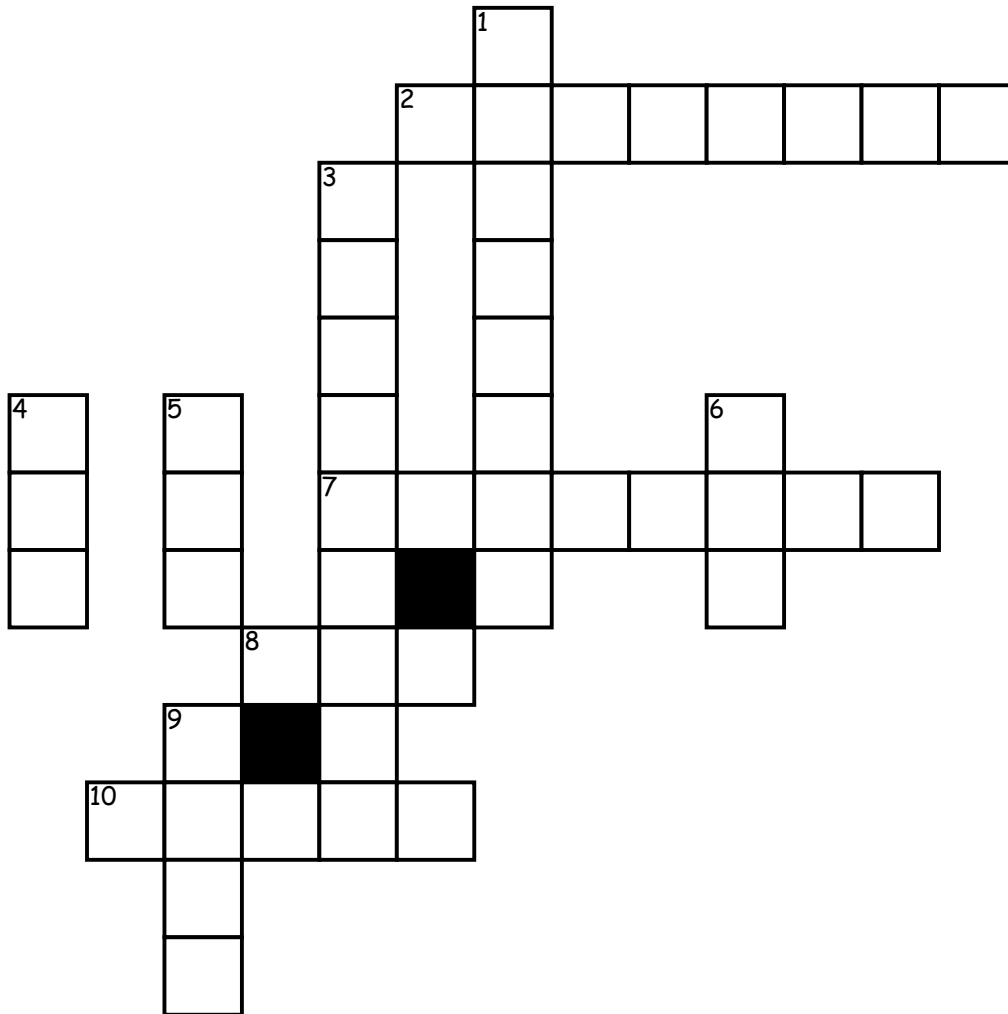


Wrestling Rules and Facts



Across

- 2. _____ position starts with one wrestler on offense and one wrestler on defense.
- 7. _____ an opponent to the mat is a violation
- 8. An escape is worth _____ point(s).
- 10. You may not lock your hands around your opponents _____ in the down position.

Down

- 1. _____ is worn to protect your ears.
- 3. The sport of wrestling is _____ of years old.
- 4. A wrestler receives _____ points for a takedown.
- 5. When your opponent's shoulders both touch the mat it is a _____.
- 6. A pin is worth _____ team points.
- 9. It is important to disinfect the _____ daily.