

Name: _____

Words to know when living with Diabetes

T S E T A R D Y H O B R A C S J A
F T T K B N I A R G E L O H W F Q
G T C G P E K E T W H F A Q J U U
S F E Z P T E S O C U L G N N Q S
N S N C C T Z S R G V D E Z A U I
Y E O D Y V A E Y A Z A I A C F O
N L E Z N R S T T V E N K H K C B
L B P T P A J E R A S X S R S L Z
W A Y H C G S B V U O W T E P Y T
H T T L X U P A L A F R U I T Y K
H E F B K S H I B R H H B J B G D
B G M Q E D N D W F N U C F M Y A
M E M J A O N V B S M O J O N H U
T V Q A L O E Y J S B H W H Z P U
R D M Y W L S W P F A D P G Z Z D
Y J G E E B A N X E Y X K F U O V
I O D P R O T E I N A U M R R L V

carbohydrates

blood sugar

whole-grain

vegetables

diabetes

type one

type two

glucose

insulin

protein

fruit