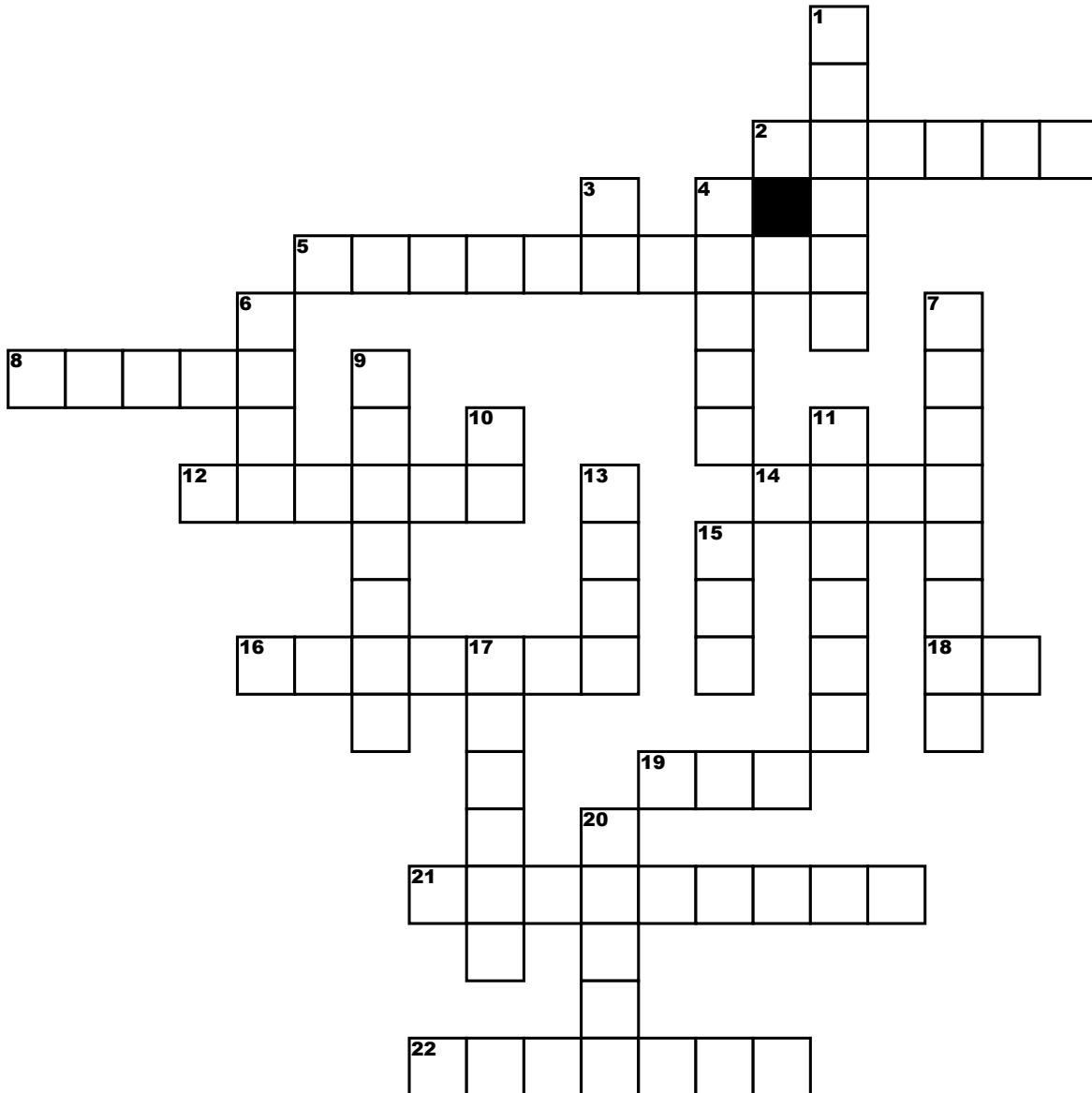


Name: _____

West Midlands Aikido Association



Across

- 2. Wooden practice Sword**
- 5. Japanese name for the Aikido technique Heaven and earth throw**
- 8. Name the 1st Pinning position in Aikido**
- 12. Name the 2nd Pinning position in Aikido**
- 14. Name of a martial Art training hall**
- 16. What is the name we give to the founder of Aikido**
- 18. Japanese word for 5**

- 19. What you do at the start and end of every class as well as to each other during class**
- 21. Japanese name for a Two hands holding two hands.**
- 22. Ushiro translated means**

Down

- 1. A cut or strike to the front of the head**
- 3. What is the Uniform you wear to train in called**
- 4. Japanese name for a Dagger or knife**
- 6. Japanese name for a Sandal worn off the mat**

- 7. Aikido thrown translated as 4 Direction Thrown**

- 9. Strike or cut to the side of the head or neck**

- 10. Japanese name for a 5 foot staff**

- 11. Name the 4th Pinning position in Aikido**

- 13. Japanese word for Proper distancing**

- 15. What is the rank grade of a Aikidoka who has no received a Dan grade**

- 17. Name the 3rd Pinning position in Aikido**

- 20. Japanese word to Strike someone**