

Name: _____

Wellness Wordsearch

D B C N O I S S E R P E D Y X U D
A N X I E T Y L O V E C M O W E T
S I S S E N I H T L A E H C P Z T
N F Z H I T D S T P D C O E M M N
O A G B K M O N X O B N R Y G S E
I R N C C W E L L N E S S Q H Y M
T E I O U A F Y G D O F N K I R N
A J E J R O L D T N Y Q A M H H E
R U B O Q E X M A I V G O T T A T
E V L M I P X L N R R D R L G X H
D E L P I B I I Z E S U A B K I G
I N E D U S K Y A I S E C J W B I
S A W L A Y E A W F H S W E Y E L
N T Z T H H A P P I N E S S S P N
O I I G F G W Y N W T I R I P S E
C O N O I T A R I P S N I V Y S B
N N E M O T I O N S O J S A D J T

Depersonalisation
Healthiness
Wellbeing
Emotions
Health
OCD

Enlightenment
Inspiration
Calmness
Security
Wisdom

Consideration
Depression
Anorexia
Anxiety
PTSD

Rejuvenation
Happiness
Wellness
Spirit
Love