

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Wellbeing Wordsearch

O H S A O X A T I N A T U R E L X  
Z V P J S H A R I N G F F Z Q M B  
C A I T E L G A Z V D A E N Z M W  
R W H M T E A N V M M L N P G K J  
A A S S I W M P I I B S D D N L W  
F L D C P N V E L C S U N K I W M  
T K N M E U D Y D A N E J S T E P  
S I E J N N O F R I E A W C T R G  
S N I Y I J X R U I T J D I I E A  
I G R R H L B D G L A A S S N P R  
N L F T S L O S V T N H T N K G D  
G M K E N I T R R K R E S I U I E  
I W P O U E G E F Y Y O S E O M N  
N E C P S O E W A Q N H P S R N I  
G H U G S H S O I H X O A P A F N  
G N I W A R D L N E E P E V U G G  
C I S U M B Y F G B W E D Y O S L

supportgroups  
gardening  
flowers  
sharing  
family  
pets

friendships  
knitting  
walking  
singing  
nature  
hope

mindfulness  
freshair  
drawing  
poetry  
sewing  
hugs

meditation  
sunshine  
dancing  
crafts  
music  
tea