

Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Wellbeing Week Wordsearch

B P G R X S H O B B I E S X V U B  
X D C B M X C Y A K S P O R T S G  
H G I D M X Q W N F R Q M S C G E  
V N G F A Z O X U M R U Q T N G N  
K I N L S G N U L C L W C R K N X  
B D I Q S Y R E K O O C Y E H I V  
G A T Q A Z D P C B Y P E S E K O  
N E A F G W H I O N J L A S A L R  
I R E W E S S M V A W B M Y L A O  
E L Y Q I U M H C U J E B L T W G  
B B H V M Z B B Q T D K K G H O W  
L Q T R E L A X Z I T A C R U A A  
L Y L P U J O E T B I Y B D D G T  
E R A N Y I N A T J U C Y X O O E  
W J E N L W T S O Z R N A L D Y R  
K V H V A E P S D B F Y D H V X Z  
S F N V H J B P I V A S R Y Q I L

healthy eating    wellbeing

meditate

cookery

hobbies

reading

walking

massage

sports

stress

health

fruit

music

water

relax

yoga