

Welfare Word Search

S G N I L E E F R U O Y T U O B A K L A T Q O H
S T A K E A B R E A K K J B D A E K T O R E T Z
R E C S R Y G T G U F O R S G K L E R L J A C E
Z Y L D P D W X O F M O Q S J A X K D B D G K Q
E L F C B T N U S E I A B M K D Q V K O F I D T
R B X V K S P T K P J Y L R V D S C O H Y V L I
A I B Y I J O J U X J C P I P V A G N K B S I Z
U S X Y V J G Q S E Y Y Z K B R E K Z Q U D W L
O N S Z P Z E I T V A F V F E R M E E Y H S U D
Y E P P Z O X V J S W J U F A Q X E A E L O M A
O S I Q L A U V K S W T O U O Q H P N T T G C I
H K A M V Y W F C E J R O Y C L H A R V W Q D V
W N C T E D O B Z O O Y D V P L C C X P E E Q J
T I R E M R U Q L T G A B W Z J U T H B R P L U
P R S C H F P Z H N M Q P H U A O I Q Y T S W L
E D H E S O H E I K V G L H L I T V L P X S T H
C J L E Y C R H F D G O K I T K N E P S U I Q H
C P F J E S T J K K J O Z P H L I Q R U S M Z A
A F P D I E W B S X X H Q P H O P V G U P R Z M
O F G N M N F F G M X O D K R O E X R Z N X M B
Q W D O D U O F X L O T Z C B K E H Y E G Y S C
I C S Y L D L H F L L H C W Q U K Q Z V W Z Y Q
I O D C P S H A G U T F G H D F B L B G O N S S
D I F J L R H C Q Z F Y V D U S K M P K J T P P

Do something you are good at

Talk about your feelings

accept who you are

care for others

Drink Sensibly

Keep in Touch

ask for help

Take a Break

Keep Active

Eat Well