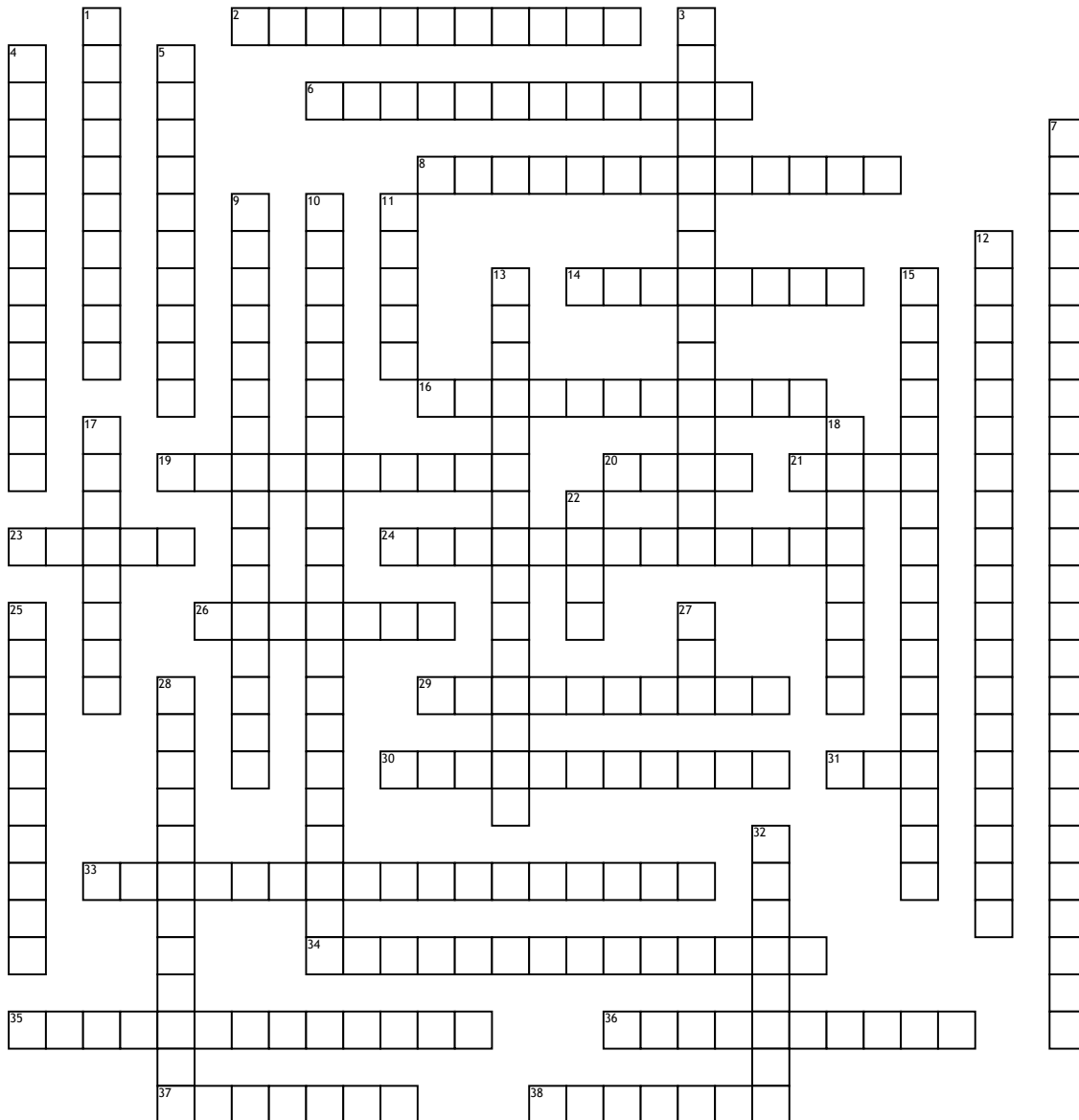


Week 1 Crossword



Across

- 2. relative constancy of the body's internal environment
- 6. a medical professional who adjusts bones to improve structural alignment and free nerve tissue
- 8. keep lubricants and other special treatment products _____ between uses to prevent the breakdown of their natural oils or therapeutic purposes
- 14. wet cloth soaked in warm, hot, cool, or cold water and wrung out prior to being applied to skin
- 16. an individual who is licensed to practice skin care
- 19. process by which hot or cold temperatures are transferred via air or gas
- 20. largest organ of the body and has many important functions
- 21. _____ applications decrease local blood flow to an area and increase muscle tone
- 23. liquid that can easily be changed into ice or vapor
- 24. use of external applications of health for therapeutic purposes
- 26. type of bath that involves the submersion of certain body areas
- 29. safe for use on skin and creates an unfavorable environment for pathogen reproduction
- 30. use of external applications of cold for therapy purposes
- 31. _____ showers are stimulating and pain relieving

- 33. also known as communicable disease, caused by an infectious agent
 - 34. therapist develops a _____ over the client because the therapist is the caregiver
 - 35. elimination of all microorganisms on and in an object through heat, chemicals, or irradiation
 - 36. there are various levels of sexual _____, ranging from lack of attention to sexual innuendo, to sexual impropriety, to sexual abuse of clients
 - 37. contains many bioactive compounds that can be absorbed through the skin and used by the body to support overall body function
 - 38. an infectious or non-infectious abnormal condition
- Down**
- 1. proper _____ of the hands is the single most important sanitation protocol for therapists
 - 3. used by regulating boards of health care professions to describe the techniques, activities, and methods that are permitted to a therapist under law
 - 4. external application of water as a liquid, solid, or vapor for therapeutic purpose
 - 5. transfer of hot or cold temperatures through direct contact
 - 7. was the first to promote "the cold water cure"
 - 9. any condition that makes the application of spa treatments unadvised or potentially dangerous to the health of the client

- 10. was the second natural healer who cured himself of pulmonary tuberculosis by taking ice baths and shocking his body into health
- 11. hot air combines with low humidity to stimulate metabolism, increase core body temperature, and facilitate detoxification
- 12. refers to the amount of pressure exerted by a liquid
- 13. type of reaction caused by alternating cycles of vasoconstriction and vasodilation
- 15. the authority a massage therapist is granted by a client
- 17. ease foot pain or fatigue, cleanse feet, warm body, and relax client
- 18. floating in water
- 22. _____ showers are stimulating and toning for muscles and skin
- 25. conscious and subconscious imaginary lines that mark the limits of an individual's personal space
- 27. _____ applications increase local blood circulation, warm soft tissue structures, relaxes tense muscles and softens muscle tissue
- 28. a professional groups ethical principals
- 32. to identify an illness or disorder through an interview, physical exam, or medical test