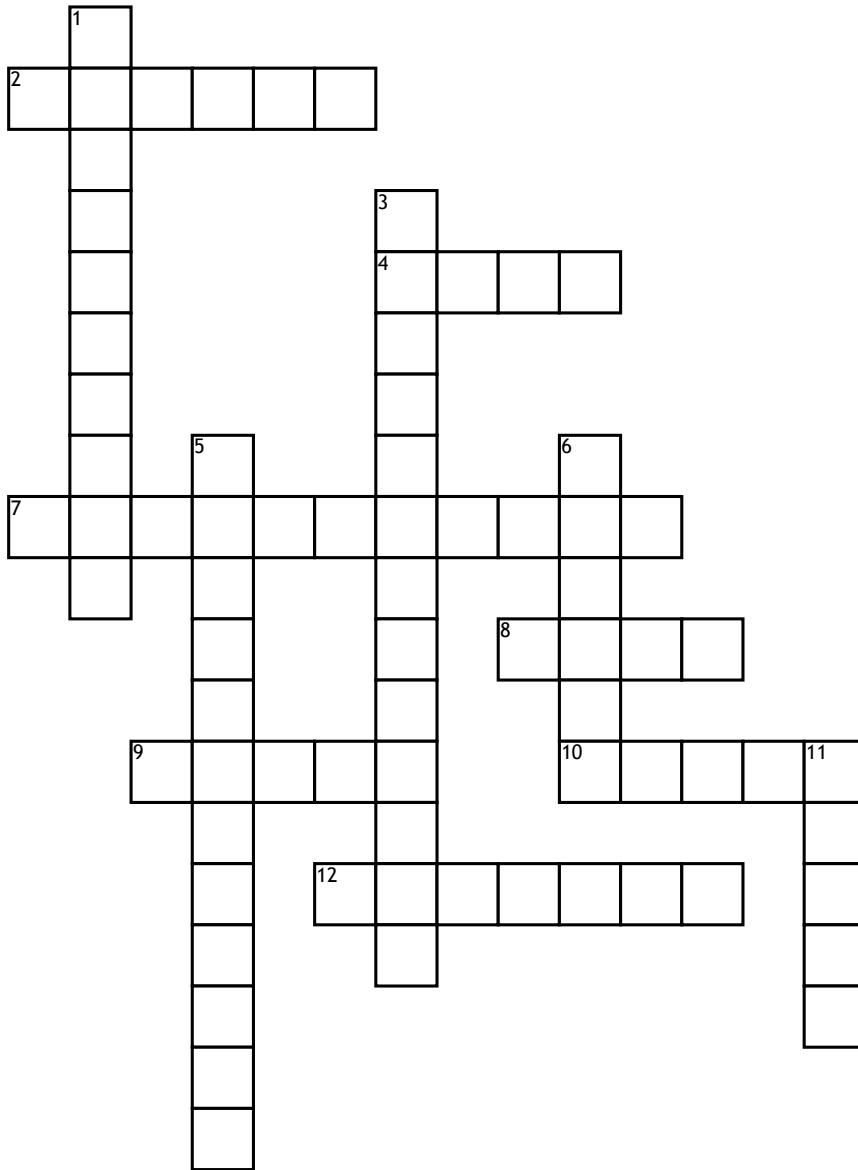


WATER, WATER, EVERYWHERE



Across

- 2. What animal was on the very last slide? :)
- 4. The average person should drink about _____ their body weight of water (in ounces) per day.
- 7. A lack of water causes _____.
- 8. _____ is composed of 90 percent water.

- 9. An essential nutrient.
- 10. 14-18 year old _____ need around 1.9 liters of water per day.
- 12. 14-18 year old _____ need around 1.6 liters of water per day.

Down

- 1. Water _____ and cushions joints.

- 3. Water serves as a _____ in the eyes and spinal cord.
- 5. A rare condition where too much water is consumed over a short period of time.
- 6. Drinking water helps get rid of excess _____.
- 11. Your body is made up of about _____ percent water.