

Name: _____

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Vitamins and Minerals Word Search

X K T V I T A M I N A W E S Z U H
J P H O S P H O R U S D C F R R K
D L I K C N I M A T I V H V M R N
M A G N E S I U M R E L L I U G I
H K J E H T B N U C K I O T I D M
G U C O I V L O X B B A R A S R A
M X E P N E L A M J P D I M S E T
P S A A P F N T B A V X D I A P I
E N I D O I I I O O N L E N T P V
P G W W U M O R M B C G F D O O L
Z P Q A T P U M W A N H A I P C T
I R C P J F U I U N T I L N L C P
N S T U L I C V N I O I M O E D B
C Q T U C K O A X E O R V A I S G
Z F S L R S I E C P L L I G T P E
H A A G S O D I U M C E H I S I W
W C Y C B R J S Q T M C S Z U X V

Phosphorus	Manganese	Potassium	Magnesium	Vitamin K
Vitamin E	Vitamin D	Vitamin C	Vitamin B	Vitamin A
Selenium	Flouride	Chloride	Calcium	Cobalt
Iodine	Copper	Sulfur	Sodium	Zinc
Iron				