

Vitamins and Minerals

C D O F H A N I M A T I V H S I M M 6 F I F L M
1 S 2 P 2 1 C 2 C E L L 6 C I T P 2 M 1 T C F T
O F N S 6 I I T C F N D S R T M S A T A C B H U
L L N C F F 6 I S P L U O U I E R D D 6 F P O B
I U U C I V 1 C 6 2 R P 1 M L S S C S O P A F S
E O P S V 6 D V 1 O O I A E V 2 I N L M B O 1 N
E R P V C F B L H T I A B O V I T A M I N D P T
E I 2 A B U S P H A E V 1 S T R T F A T N A O O
F D E C F 2 S E H 1 V 6 F I E E P P V O L T E C
N E C S C O M R E B 1 F S D N L 1 6 H B H I 6 O
N I S C H I E 1 1 H I A S N U 6 E D V T 6 M U F
P M C P 6 O O I E R D I C F T D L N 2 E F E F B
H U 6 A L P M L L C 2 R E U O U P 1 I H A O A N
M F 1 N I C U U 2 D U H C A M D B E H U M P S F
H 2 S V 2 N I 6 T P U 1 B N I M A T I V M U U E
S M 2 O B E M C R O R T N P L V B V P N 1 1 P U
F 1 1 H F C O 1 A T D 2 B N I M A T I V 6 O O U
H N C N C V R R U A M B 6 2 B O N P C 1 H R D R
R B E S U R H L 1 S N S M 1 T F V 2 6 F V H 2 V
B C P D D C C C V S D D V O 2 R P V T 6 1 U O V
6 E E R R 6 O N M I O H L L L L B L H P P R B M
M L A V F N U E N U D A 6 1 P M M V M U I D O S
L P U I O D I N E M S H T F S C P A B N U P U C
A V I T A M I N B 6 I F 2 D 6 B A L V T M S H U

Phosphorus

Vitamin B1

Vitamin A

Selenium

Folate

Vitamin B6

Potassium

Chromium

Iodine

Niacin

Vitamin B2

Vitamin D

Fluoride

Sodium