

Name: _____

Date: _____

Vitamins and Minerals

S D K C E R T I O G A Q W R J S J
U E H N O I S S E R P E D R H X P
E H M A C R O M I N E R A L S G M
G U T S T E K C I R S T J Q U L B
A H P I O S T E O P O R O S I S T
H K E G I U Y X U O K N B W V X J
R J L H Z R D V B C C Z O U C S T
R C L E J O M X R J U S T H R C J
O A A R C H P G E U T E F F E M X
M N G U A P G O X Q C A L C I U M
E A R B J S G Z P D T S T F F H J
A E A X H O H U U F U Y R P N B M
H M C E J H P P G X T V R N I P R
B I R B Y P Z X G A T L F S A S B
Q A N I G H T B L I N D N E S S T
X Z O Y G O J N Z A Q W P H A I V
I H J J F V G C D G Q D A J H Q Y

nightblindness

macrominerals

osteoporosis

haemorrhage

depression

phosphorus

pellagra

anaemia

calcium

rickets

goitre

scurvy