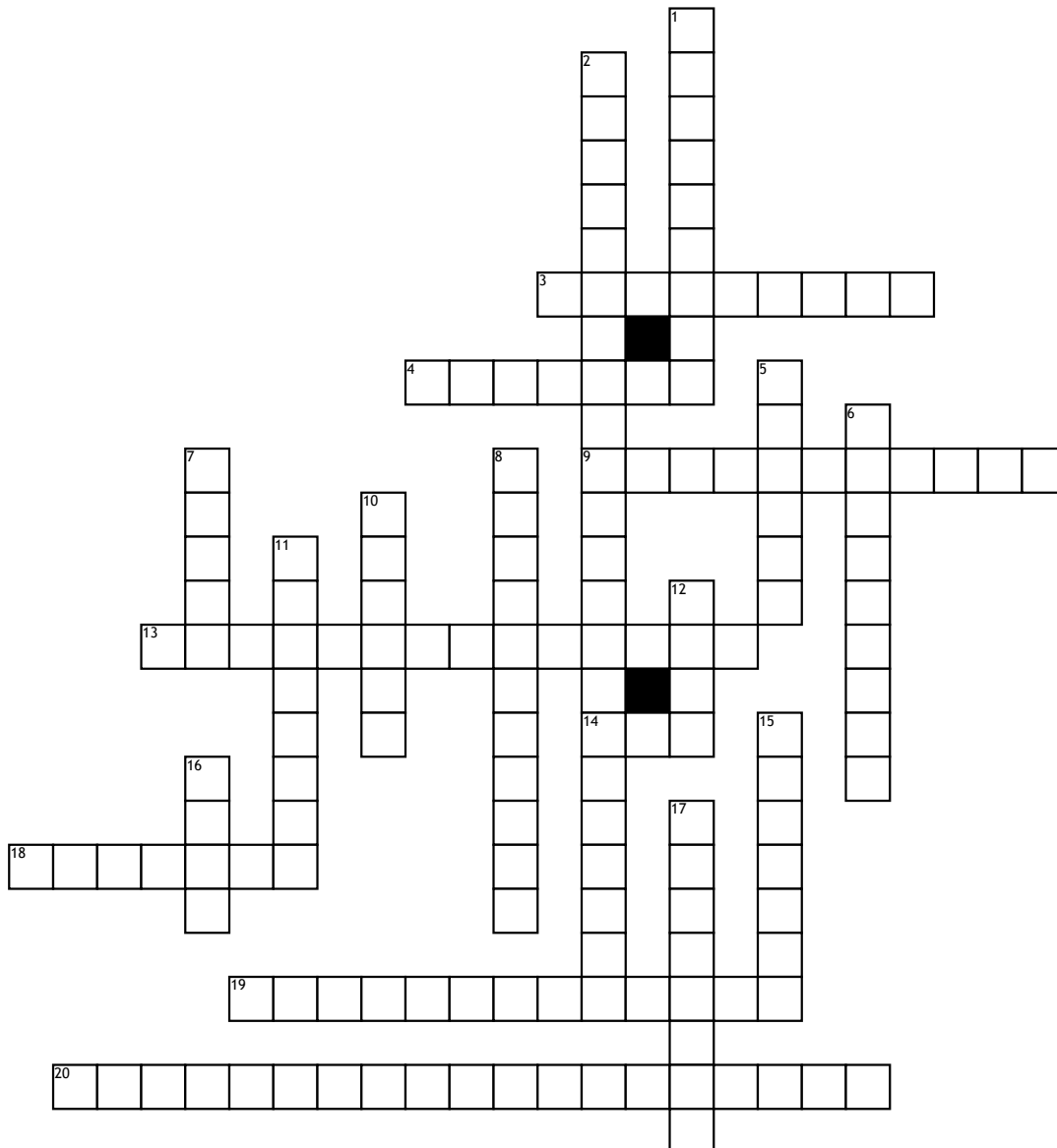


Name: _____

Date: _____

Vitamins, Minerals and Herbal Supplements



Across

- 3. --is needed for development of the fetus's spinal cord.
- 4. -helps formation and repair of skeletal tissue.
- 9. ----medicine is used by many people.
- 13. B9 is required for normal
- 14. ---is approved by the FDA.
- 18. What is a good source of Vitamin A?
- 19. --- is Western medicine and Alternative medicine together.

20. --is a lack of Vitamin D.

Down

- 1. You need---for normal Kidney function.
- 2. Iron is essential for the body to make
- 5. --supplements are not regulated by the FDA.
- 6. ----is an electrolyte.
- 7. -soluble vitamins are not stored in the body.
- 8. what herbal supplement interferes with Warfarin?
- 10. ---is caused by a lack of Vitamin C.

11. --are necessary for body functions.

- 12. --is essential for growth.
- 15. Herbs are sold as a----supplement.
- 16. Hemogolobin is made in the body by
- 17. -overdose clients need vitamin K to reverse the effects.