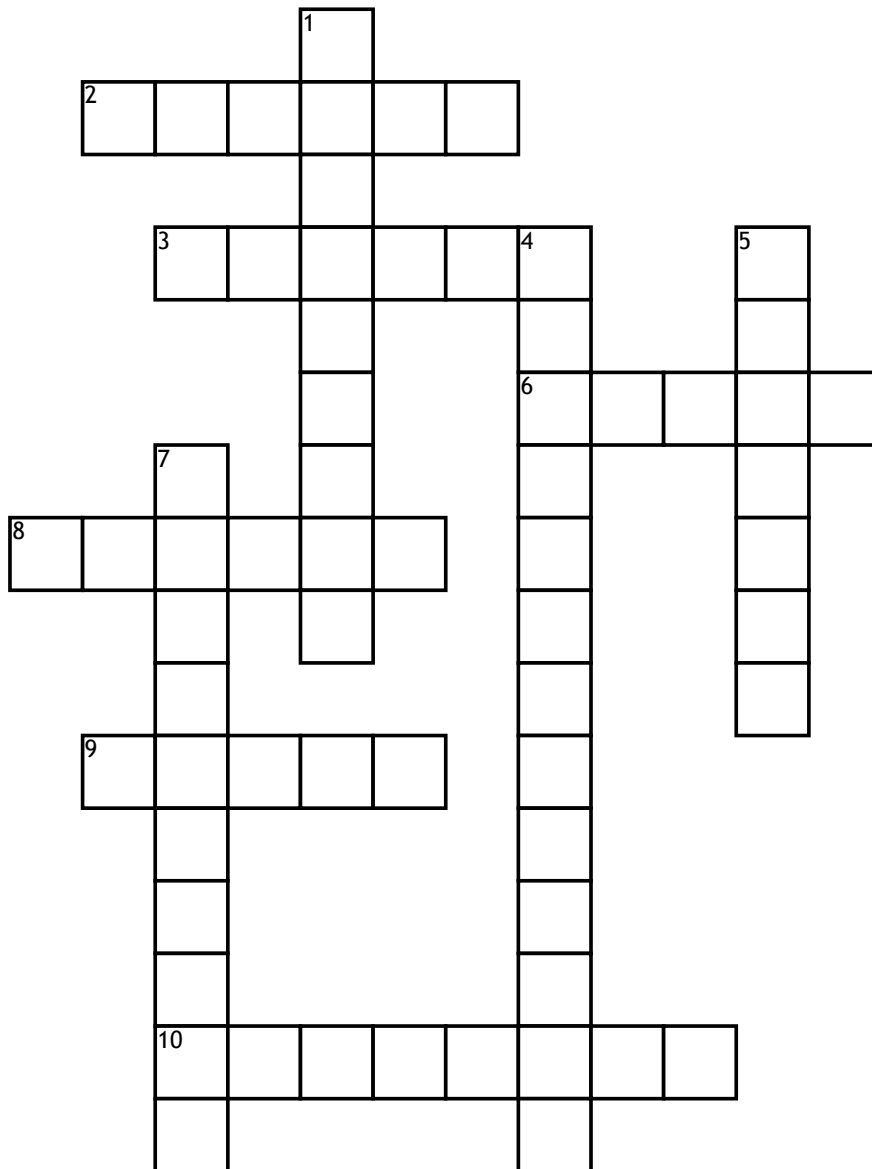


# Vision Changes in the Aging Adult



## Across

2. Eating foods high in this or taking a supplement can help reduce the risk of developing age-related macular degeneration and cataracts.
3. This structure allows light to enter the eye and plays an important role in bending light.
6. Changes in this perception are caused by age-related changes that affect how much light enters the eye and cause issues when older adults are distinguishing one pill from another.
8. The yellowing of the cornea and increased opacity diminish visual what?
9. An increase in the lens size and density leads to the increased sensitivity to what?

10. These accessory structures help keep sweat out of the eye.

## Down

1. These are responsible for keeping the eye lubricated and they begin to narrow with aging which can lead to dry eyes.
4. This is the ability to focus clearly and quickly and its loss is caused by the degenerative changes in the lens and ciliary body.
5. This is a major risk factor for many diseases that affect vision.
7. Wearing these will help protect your eyes from damaging UV light.