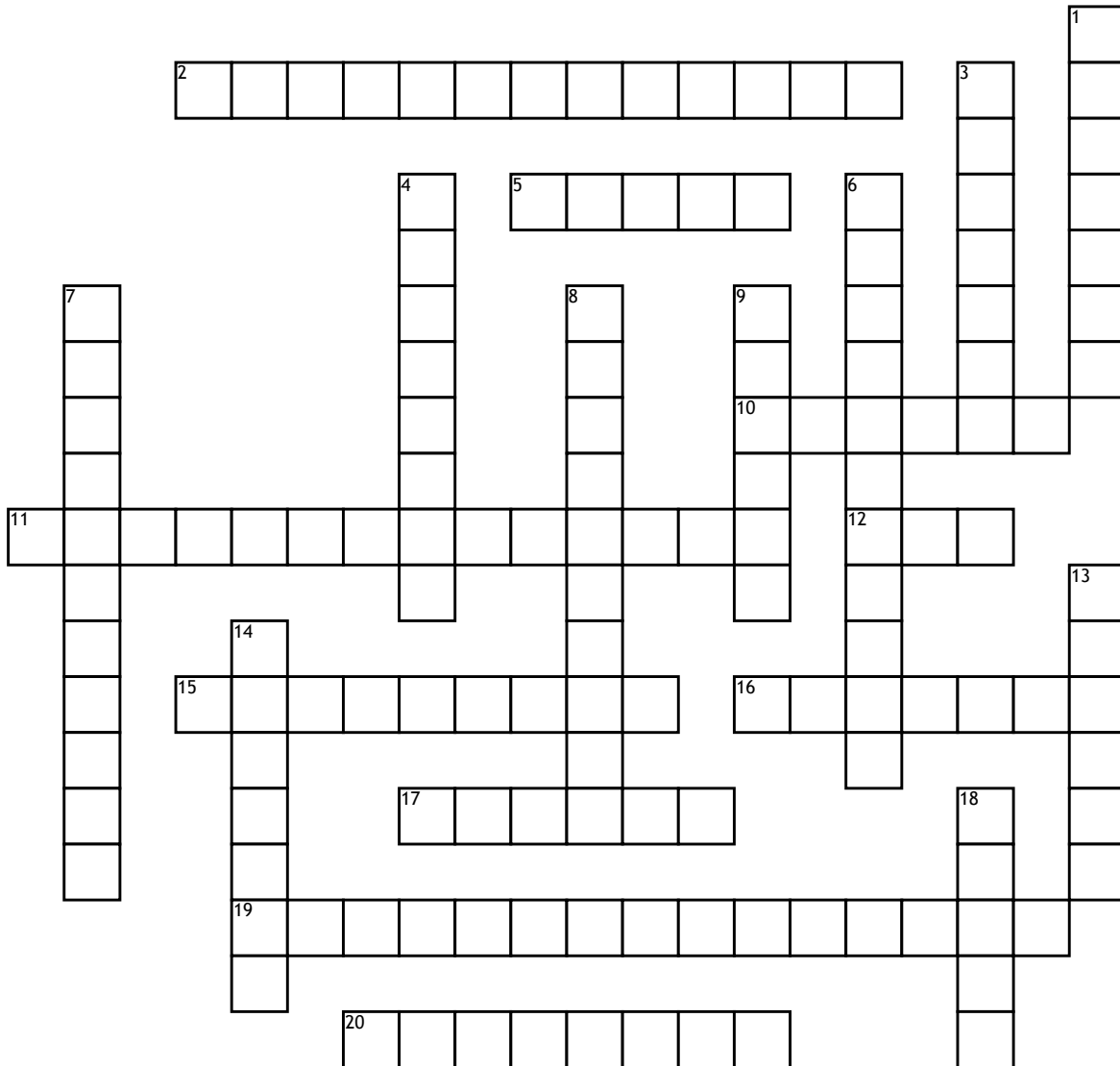


VEGANUARY



Across

2. Motoring on, with great success - as a vegan
 5. Substitute for meat based protein
 10. Considered a vegan capital of the world
 11. Vitamin you can miss out on when following a vegan diet
 12. Plant based milk substitute
 15. A bit of a lad to replace protein
 16. Middle Eastern dish made from chickpeas

17. Chain that sells a mean vegan sausage roll
 19. Name of Netflix documentary that has got a lot of folk talking about plant based diets
 20. Replacement for gelatine

Down

1. Nutty base for many a dish, in many a way
 3. Useful fruit that is full of good oils
 4. Liquid that surrounds chickpeas that can be used as an egg white substitute

6. Celebrity who says "turning vegan was the easiest thing I've ever done"
 7. One of Ben & Jerry's vegan options
 8. Chain that introduced first plant based burger in UK that isn't suitable for vegans ...
 9. Get your finger on these if you're going vegan
 13. A vehicle for a non-dairy chocolate bar?
 14. Love or hate this vegan spread
 18. Try this instead of chocolate