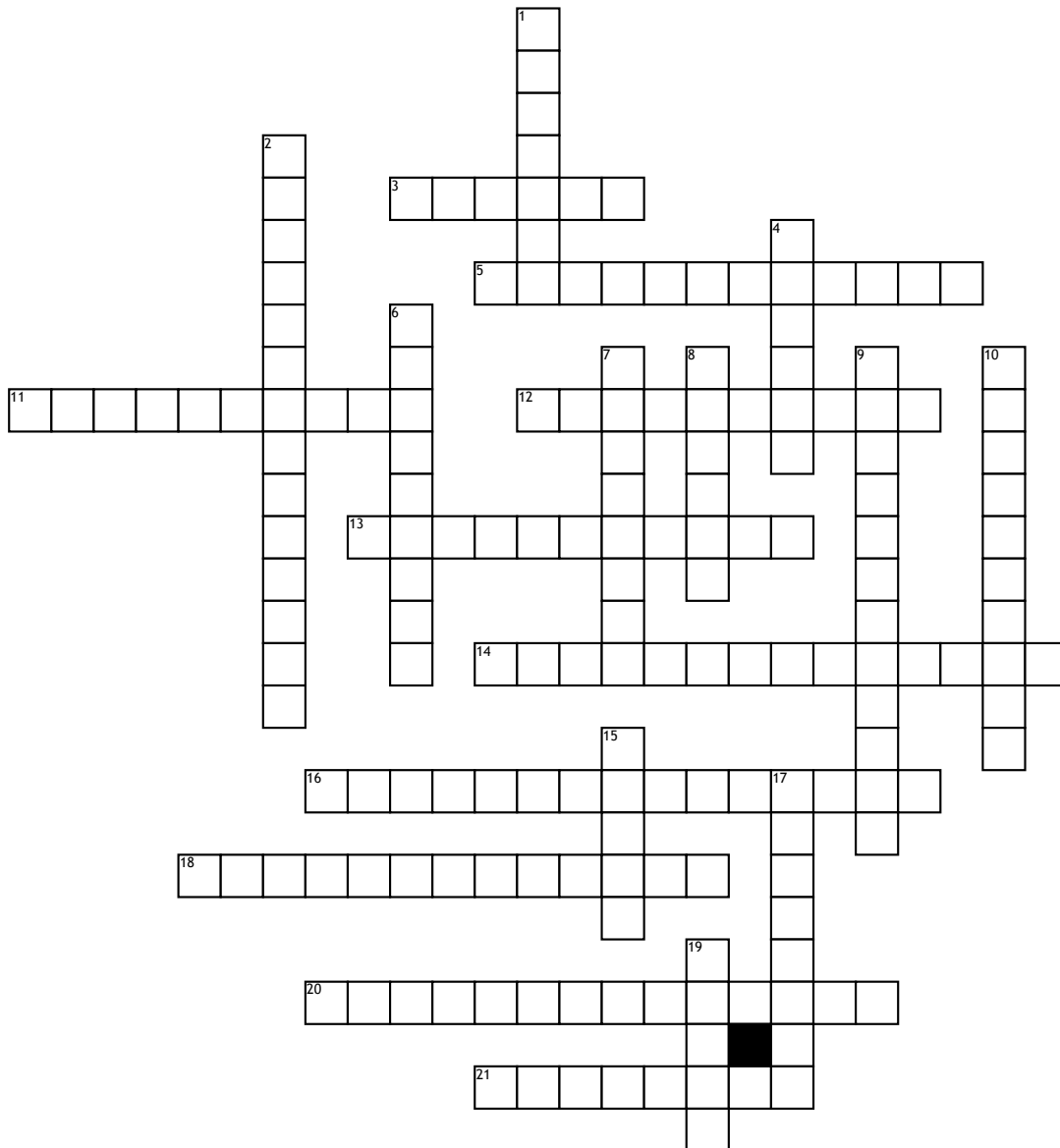


Unit 1 Vocab



Across

3. standards and beliefs that are most important to you
 5. state of being comfortable with yourself, others, and surroundings
 11. series of specific steps to achieve a goal
 12. taking action to avoid disease, injury, or other negative health outcomes
 13. physical and social conditions that surround a person and can influence that person's health
 14. how well your body functions
 16. how you react to events in your life

18. overall satisfaction that a person gets from life
 20. gather and use health information to help improve health
 21. traits that are biologically passed from parent to child

Down

1. beliefs and patterns of behavior shared by a group of people passed from generation to generation
 2. The number of years a person can be expected to live
 4. Refers to overall well-being of your body, mind, and relationships with other people
 6. gradual progression from one extreme to another extreme

7. state of high level health
 8. being male or female
 9. how well you get along with others
 10. any action or condition that increases the likelihood of injury, disease, or other negative outcome
 15. repeated behavior
 17. using communication to influence and support others
 19. Forms of communication that provide news and entertainment